

Multi-Faith Guide
for
Health Care Professionals
at



Hamilton Health Sciences
Spiritual Care

Chaplains . . . journeying with you

October 2010

The Spiritual Care Department is very pleased to offer a healthcare guide to speak to religious beliefs and practices as they relate to the health care that we provide at Hamilton Health Sciences.

Our guide is not intended to be exhaustive, but instead, is intended to capture the religious traditions that are a reflection of the population of the greater Hamilton geographic area. Our guide is written in the hope of offering assistance on key points for patients and families whose religious practice is recognized as having a critical component in their well being. Staff should not assume that a patient or family self-identifying with a particular religious community will follow all the traditions and principles of the tradition as outlined in this guide. Each individual has a unique way of expressing their spirituality and religious practice. When a patient or family identifies with a particular religious tradition, staff are encouraged to tailor their care by asking the patient and/or family basic questions such as:

How can we support your spirituality or religious practice while you/your loved one is in hospital?

Are there specific rituals or traditions that you wish to observe?

In the creation of our very own multi-faith healthcare guide we wish to acknowledge the Ontario Multi-faith Committee for its rich resources and our colleague in Spiritual Care, Rev. Bob Bond, of the Niagara Health System for the information/inspiration that he provided for us. We also wish to thank our colleagues on the Spiritual Care Advisory Committee who helped inform the content.

Special thanks to Victoria O'Connor, chaplain at MUMC. Vicki has worked tirelessly and with great conviction, not to mention her talent on the creation of this guide. Thank you, also, to David Jones, chaplain at MUMC, who offered both his knowledge of many belief systems and editorial abilities for the final production of this guide.

This project could not have moved forward without the gracious support of Nancy Fram, Vice-President, Professional Affairs and Chief Nursing Executive, and Diana Zelinski, Document Production Specialist, Clinical Practice & Education.

On behalf of the Spiritual Care Department, we wish to offer our services to you as you require us to be present to patients and their families.



Hamilton Health Sciences
Spiritual Care

Chaplains . . . journeying with you

Affiliated with the Faculty of Health Sciences, McMaster University

TABLE OF CONTENTS

ABORIGINAL	1
AMISH	2
ANGLICAN	3
ASSOCIATED GOSPEL	4
BAHA'I.....	5
BAPTIST (Convention, Fellowship, Independent).....	6
BRETHREN IN CHRIST.....	7
BUDDHIST	8
CATHOLIC (Polish, Roman, Ukrainian).....	10
CHRISTADELPHIAN	11
CHRISTIAN AND MISSIONARY ALLIANCE.....	12
CHRISTIAN REFORMED	13
CHRISTIAN SCIENCE	14
CHURCH OF CHRIST (DISCIPLES OF CHRIST).....	15
CHURCH OF GOD.....	16
DOUKHOBOUR.....	17
HARE KRISHNA.....	18
HINDU	19
ISLAM (MUSLIM – Sh'ia, Sunni)	21
JAIN.....	23
JEHOVAH'S WITNESS.....	24
JEWISH (Conservative, Orthodox, Reform).....	25
LUTHERAN.....	27
MENNONITE.....	28
MENNONITE (OLD ORDER).....	29
METHODIST	30
MORMON (Church of Jesus Christ of Latter Day Saints)	31
NAZARENE.....	32
ORTHODOX (Greek, Romanian, Russian, Serbian, Ukrainian)	33
PENTECOSTAL	34
PRESBYTERIAN.....	35
QUAKER (Friends).....	36
RASTAFARIAN	37
ROMAN CATHOLIC	38
SALVATION ARMY	39
SEVENTH-DAY ADVENTIST.....	40
SIKH.....	41
UNITARIAN and UNITARIAN UNIVERSALIST.....	42
UNITED CHURCH OF CANADA.....	43
WICCAN	44
ZOROASTRIAN	45

ABORIGINAL

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • Consumption of alcohol is prohibited. • Possible sacred foods are bannock, corn, wild rice, choke cherries, strawberries, berries, wild meats such as deer, moose, goose. • Water is considered the high sacrament and is used before and after meals. • Fasting is considered a special form of prayer and involves the renunciation of food and water. The Elders and doctors are consulted before practice. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Rattles are often used to call the spirit of life to attend to the sick. • Ceremonies and rituals dealing with doctoring and health include: <ul style="list-style-type: none"> • The Pipe - used in private and group prayers purifying ceremony • Sacred Circle - similar to pipe ceremony participants may address the circle. Further practices may include water ceremony. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Upon death of the individual, the body is prepared for the journey to the spirit world. • The body is given provisions and moccasins are placed on the feet. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Burning of sweetgrass, sage or cedar is performed daily, accompanied by prayers in morning and evenings. • Elders are the spiritual leaders and can be either women or men. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • Nothing specific • Beliefs are learned by word of mouth and experience. 	<ul style="list-style-type: none"> • Festivals are closely related to seasonal changes, the moon, the provision of food and other living essentials. <p>Note: A bundle containing sweet grass, sage, cedar, tobacco and an eagle feather is available at the Spiritual Care office for use by patients and staff.</p>

AMISH

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Abortion is unacceptable. <p>DIET</p> <ul style="list-style-type: none"> • Oppose the use of intoxicants and drugs. • Caution against eating of blood foods. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Simplicity – no flowers <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable according to the custom of the community.

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • No infant Baptism Adult believer's Baptism. • Live in communities. • Reject modernization. • No Sacraments. • The love feast and washing of feet are held as ordinances. • Married men wear beards with no moustaches. • Strictly against any form of producing graven images of oneself, including photography. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible and the Ausband • Literal biblical interpretation 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter Sunday (resurrection of Jesus) • Pentecost (birth of the Christian Church)

ANGLICAN

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> Abortion is acceptable under certain conditions. <p>DIET</p> <ul style="list-style-type: none"> Some Anglicans may fast on Fridays and during Lent. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> Clergy may be desired for Sacramental ministry in near death illnesses. <p>AUTOPSY</p> <ul style="list-style-type: none"> Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> Infant Baptism by water is normally performed by a priest. Regular partaking of the Eucharist, usually weekly, should be administered only by Anglican priests or authorized ministers. Private confession may be made to a priest. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> The Bible Apostles' and Nicene Creeds Book of Alternative Services and/or The Book of Common Prayer 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> Sunday Rest/Worship Christmas (birth of Jesus) Palm Sunday (Jesus enters Jerusalem) Good Friday (crucifixion of Jesus) Easter Sunday (resurrection of Jesus) Pentecost (birth of the Christian Church)

ASSOCIATED GOSPEL

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Abortion allowed only if the physical life of the mother is threatened. <p>DIET</p> <ul style="list-style-type: none"> • Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Use of prayer, anointing with oil and Laying on of Hands for healing purposes. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Preferred <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Strongly evangelistic. • No infant Baptism. • Adult and youth believer's Baptism by immersion. • Communion is practiced monthly. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible • No creeds 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter Sunday (resurrection of Jesus) • Pentecost (birth of the Christian Church)

BAHA'I

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • Consumption of alcohol and use of mind-altering drugs is prohibited unless prescribed by a Doctor. • Fasting and prayer usually performed in conjunction with medical techniques. • Annual period of fasting sunrise to sunset March 2-20. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • The Chaplain should notify the nearest Spiritual Assembly before proceeding with end of life measures. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Prefer that the body be washed immediately and wrapped in a clean cloth. <p>BURIAL</p> <ul style="list-style-type: none"> • Preferred <p>CREMATION</p> <ul style="list-style-type: none"> • Not recommended

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Belief in oneness of God, the oneness of religion, and the oneness of humanity. • All great religions and prophets are divine in origin. • Strongly against prejudice in race, religion, and gender. • There is harmony between religious and scientific truth. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • Writings by the Bab, Baha'u'llah and 'Abdu'lBaha. • Writings by Shoghi Effendi are authoritative but not sacred. 	<ul style="list-style-type: none"> • Daily prayers and readings of sacred texts and sacred writings, carried out by the individual believer. • The Baha'i holy days are as follows: <ul style="list-style-type: none"> • Ridvan Baha'u'llah declared his mission (1863) • Declaration of the Bab Announcement of new faith (1844) • Ascension of Baha'u'llah Anniversary of death (1892) • Martyrdom of Bab Anniversary of execution (1844) • Birth of Bab (1819) • Birth of Baha'u'llah (1817) • Naw Ruz New Year • Day of Covenant celebration of 'Abdu'lBaha's Appointment • Ascension of 'Abdu'lBaha Anniversary of death (1921) • Intercalary Days • The Baha'i Fast

BAPTIST (Convention, Fellowship, Independent)

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Many would oppose abortion. <p>DIET</p> <ul style="list-style-type: none"> • Many would abstain from alcohol. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Use of prayer and (for some) Laying on of Hands for healing purposes. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Allowed <p>CREMATION</p> <ul style="list-style-type: none"> • Allowed

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Tolerance and liberty towards ideas and beliefs. • Adult believer's Baptism by immersion. • Baptism is not required for salvation. • Communion is practiced monthly. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible • No creeds • Freedom of interpretation 	<p>Follow these traditional Christian holy days:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter Sunday (resurrection of Jesus)

BRETHREN IN CHRIST

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Abortion allowed only if the physical life of the mother is threatened. <p>DIET</p> <ul style="list-style-type: none"> • Total abstinence from alcohol and tobacco. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Prayer, anointing with oil and Laying on of Hands are all used for healing purposes. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • No infant Baptism. • Adult believer's Baptism by immersion • Communion is practiced. • Strive for a simple life and attempt to avoid luxury. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible • No creeds 	<p>Follow these standard Christian holidays:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter Sunday (resurrection of Jesus) • Pentecost (birth of the Christian Church)

BUDDHIST

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Abortion allowed for therapeutic reasons. • Persons may be reluctant to use medication or medical techniques, preferring the body's self healing capabilities if possible. This is especially significant on religious holidays. <p>DIET</p> <ul style="list-style-type: none"> • There is strong encouragement for vegetarianism. • The use of intoxicants is discouraged. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Suffering is a part of life. • Having a clear mind at time of death is important. This may impact a practitioner's decision to use pain medications and sedations. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Active promotion of donation of organs is seen as virtuous. • May be some hesitancy to receive organs. <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Dying individual may wish to be left alone to meditate. • Death reflects the lack of permanence and the constant possibility for change. • Loved ones may conduct Last Rite Chanting at the bedside. • For cultural variations please contact the appropriate temple. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • After death, the body is to be washed by a designated member of the Buddhist community. <p>BURIAL</p> <ul style="list-style-type: none"> • Not acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Preferred

(continued on next page)

BUDDHIST (continued)

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Meditation is used to relax mind and body, which in turn may aid in healing. Privacy is required for this. • There is no belief in a soul or a god. • One is continually reborn until enlightenment is reached. There are four recognized segments of society: monks, nuns, laymen, laywomen. • There are ordained Sangha leaders and lay leaders. Each temple is different. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Tipitaka • The Dhammapada • Diamond Sutra (Mahayana) • Good Fortune Sutra (Theravada) • Writings by other teachers 	<ul style="list-style-type: none"> • Daily meditation and prayer in front of a Butsudan (altar with Buddha statue, incense, flowers, candles, fruits {oranges}, Buddhist Rosary of 108 beads, and table cloth). • Ceremonies vary with sect although some major days are as follows: <ul style="list-style-type: none"> • St Shinran: Memorial Day Remembrance of Shinran • Nirvana Day: Buddha's final enlightenment • Buddha Day: Buddha's birthday • St Shinran's Birthday • Obon Service: Ancestors Day • BCC Day: Buddhist Churches of Canada Day • Bodhi Day: Concentration on enlightenment

CATHOLIC (Polish, Roman, Ukrainian)

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> Abortion is prohibited. <p>DIET</p> <ul style="list-style-type: none"> Abstinence from meat is sometimes observed on Ash Wednesday and Good Friday. Fasting and/or abstinence may be delayed or pardoned due to health reasons. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> Sacrament of the Sick is to be administered by a Priest when a patient is seriously ill. Special prayers may be said after the death of a patient by a Priest or a Chaplain. <p>AUTOPSY</p> <ul style="list-style-type: none"> Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> The body is usually buried with the rite of Mass of Christian Burial (although normal burial or cremation are acceptable). <p>CREMATION</p> <ul style="list-style-type: none"> Fetuses and body parts are to be cremated.

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> Infant baptism is a Sacrament, but is not necessary for salvation. Sacrament of the Sick is to be performed by a Priest for the seriously ill. Belief in the one, holy, catholic, apostolic church. Confession to a Priest is practiced. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> The Bible 	<ul style="list-style-type: none"> Major day of worship is Sunday, while extra services are held on Saturday Follow the traditional Christian holy days: <ul style="list-style-type: none"> Sunday Rest/Worship Christmas (birth of Jesus) Palm Sunday (Jesus enters Jerusalem) Good Friday (crucifixion of Jesus) Easter Sunday (resurrection of Jesus) Pentecost (birth of the Christian Church)

CHRISTADELPHIAN

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • More common <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Strict monotheists. There is one God, the Father, who created the world and has purpose for it. • Repentance and baptism into Christ (adult immersion) are necessary for ultimate salvation; so is the following of Christ in one's daily life. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible 	<ul style="list-style-type: none"> • Sunday is the weekly meeting for the purpose of worship, exhortation, and the Memorial Service (sharing of bread and wine in memory of Jesus Christ).

CHRISTIAN AND MISSIONARY ALLIANCE

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> Abortion allowed only if the physical life of the mother is threatened. <p>DIET</p> <ul style="list-style-type: none"> Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> Use of prayer, anointing with oil and Laying on of Hands for healing purposes. <p>AUTOPSY</p> <ul style="list-style-type: none"> Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> Preferred <p>CREMATION</p> <ul style="list-style-type: none"> Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> Strongly evangelistic. No infant Baptism. Adult and youth believer's Baptism by immersion. Communion is practiced monthly. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> The Bible No creeds 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> Sunday Rest/Worship Christmas (birth of Jesus) Palm Sunday (Jesus enters Jerusalem) Good Friday (crucifixion of Jesus) Easter Sunday (resurrection of Jesus) Pentecost (birth of the Christian Church)

CHRISTIAN REFORMED

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Abortion is allowed only if the life of the mother is at risk. <p>DIET</p> <ul style="list-style-type: none"> • Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Use of prayer, anointing with oil and Laying on of Hands for healing purposes. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Infant Baptism by sprinkling is a Sacrament, but is not necessary for salvation. Must be performed by ordained clergy. • Communion, practiced at different intervals by different congregations, is a Sacrament. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible • Apostles', Nicene, and Athanasian Creeds • Heidelberg Catechism • Canons of Dort • Belgic Confession 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter Sunday (resurrection of Jesus) • Pentecost (birth of the Christian Church)

CHRISTIAN SCIENCE

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> Decline immunization/vaccines unless required by law. Reject precautionary measures such as quarantine. <p>DIET</p> <ul style="list-style-type: none"> Abstinence from alcohol, tobacco, coffee, and drugs. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> Decline any diagnostic procedures (e.g. biopsies) or medical treatments (e.g. medications, blood transfusions). 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> Acceptable <p>RELIGIOUS PROTOCOLS</p> <p>AUTOPSY</p> <ul style="list-style-type: none"> Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> Healing comes through faith in God alone. Sickness, accident, and death only seem to be real; so healing is spiritual renewal. No medical interventions are allowed, only trust in God and realization of divine truth. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> The Bible, with <u>Science and Health with Key to the SACRED TEXTS</u> as an interpretive aid. 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> Sunday Rest/Worship Christmas (birth of Jesus) Palm Sunday (Jesus enters Jerusalem) Good Friday (crucifixion of Jesus) Easter Sunday (resurrection of Jesus) Pentecost (birth of the Christian Church)

CHURCH OF CHRIST (DISCIPLES OF CHRIST)

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Use of prayer; individuals may request anointing with oil and Laying on of Hands for healing purposes. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • No infant Baptism. • Youth and adult believer's Baptism by immersion. • Weekly Communion <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Easter (resurrection of Jesus)

CHURCH OF GOD

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Abortion not allowed. <p>DIET</p> <ul style="list-style-type: none"> • Follow routine hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • A conservative minority have prohibitions with respect to medical treatment. • Tend toward passive euthanasia. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Use of prayer, anointing with oil and Laying on of Hands for healing purposes. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Death is a place/time of rest/non-existence, and eternal life begins in the resurrection at the second coming of Christ. • No infant Baptism. • Youth and adult believer's Baptism by immersion. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter (resurrection of Jesus)

DOUKHOBOUR

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • No meat. • Abstain from tobacco and alcohol. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Try to lead a Christ-like existence. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • Book of Life composed of Psalms. 	<ul style="list-style-type: none"> • Every day is holy and special.

HARE KRISHNA

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • Vegetarian diet. • Drugs and intoxicants are forbidden. • Garlic and onions are seen as intoxicants, so are forbidden. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Preferred

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • One God with many forms. • Reincarnation. • Bhanti Yoga is practiced as a way to enhance spirituality. • Mantras or chants are regularly practiced. • Pujari are the priests and Gurus are the teachers. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Vedas 	<ul style="list-style-type: none"> • Although every day is holy, group gatherings are commonly held on Sunday. • Fire Ceremonies are held on Honour Days which celebrate events such as weddings, deaths, memorials.

HINDU

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Showering is preferable to a bath. • Physical cleanliness is associated with spiritual purity. <p>DIET</p> <ul style="list-style-type: none"> • Foods which must not be consumed are beef, pork, and eggs, and these should not be cooked with nonrestricted foods. • "Dedicated food", which will vary with each individual Hindu, is forbidden for consumption (i.e. one must inquire of the individual). • Often complete vegetarianism is favoured. • Killing of living things is not encouraged. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • There is nothing in Hindu scriptures to indicate that organs cannot be donated to alleviate the suffering of others. • Some Hindus believe that the recipient of a major organ, such as the heart, liver or kidney may take on some karma of the donor. <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Home is the preferred area for death. • The dying person should be placed as close to the ground as possible. • Immediately before death, confining objects such as belts, rings, and necklaces should be removed. • Gita recitation is to be performed. • After death the priest will fill the corpse's mouth with water and may bless the body by tying a string around the neck or wrist. • Funeral arrangements are to be made by the eldest son. • There are no rituals for the death of children under two years of age. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Not acceptable (frowned upon). <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • The body is washed by the family. • The body should not be left alone before cremation. <p>BURIAL</p> <ul style="list-style-type: none"> • Only children under two are buried. <p>CREMATION</p> <ul style="list-style-type: none"> • Cremation to take place the same day as death.

(continued on next page)

HINDU (continued)

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • There are many pathways to God and all are acceptable. • Respect is held for all living creatures. • There is but one central God who manifests itself in numerous forms. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • Several sacred writings include: the Vedas, Upanishads, the Gita, the Ramayana, the Mahabharata, the Puranas. 	<p>The major holy days are as follows:</p> <ul style="list-style-type: none"> • Tarpan: Obligations to forefathers, on the fortnight during the waning moon • Makar Sankranti/Pongal: Celebration of Spring • Shivaratri: Celebration for Lord Siva • Holi: Celebrates triumph of good over evil • Ram Navami: Birthday of Lord Rama • Raksha Bandham: Hindu Sister's Day • Janmashtami: Birthday of Lord Krishna • Ganesh Chaturthi: Celebration for Lord Ganesh • Navaratri: Nine day festival • Dussera/Vijaya Dashami: Death of Demon Ravana • Deepavali: Festival of light • Bhratri Dvitiya: Hindu Brother's Day

ISLAM (MUSLIM – Sh’ia, Sunni)

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Abortion, especially after 4 months of pregnancy, is prohibited unless life of mother is in danger. • If the husband cannot be present during birth, a female relative or friend should be in the room. • Circumcision for boys is to be done (usually requested by the parents). <p>DIET</p> <ul style="list-style-type: none"> • No port or pork by-products (Ppsin, gelatin or lard as ingredients in food). • No intoxicants e.g. alcohol in food or drinks and recreational drinks are allowed unless medically prescribed. • Acceptable meats: beef, lamb, chicken and turkey (must be slaughtered under Islamic tradition i.e. Halaal, unless the patient accepts the regular meat if no alternatives), Kosher food is acceptable if Halaal is not available. • All seafood (any fish) all vegetables, cereals, millets and legumes are permitted. • Consumption of blood as a food product is forbidden. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Under emergency and life threatening situations there are no restrictions of any kind as long as medically prescribed. • Blood transfusions, vaccines, biopsies, amputations are permitted. • CPR is permitted. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Organ donation and acceptance is permitted and recommended provided that the organs are retrieved in an ethical manner. <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Confession and forgiveness of sin is important prior to death. • In terminal illness the Imam (religious leader) can be called (first consult the family). • At death, ceremony of final prayers and washing of the body. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Not acceptable unless required by law. <p>CARE OF THE BODY (after death) Steps to be taken by the family or nursing staff soon after death.</p> <ul style="list-style-type: none"> • Help from same gender staff is preferred. • Eyes should be closed. • Mouth should be closed with the help of piece of gauze around the head including chin (jaws). • Arms and legs should be straightened. Toes lightly tied together to keep legs straight. • All needles, tubes, IV, catheter and any other attachment should be removed. • Body should not be left naked or unattended at any time. <p>BURIAL</p> <ul style="list-style-type: none"> • Burial should be done without undue delay. Therefore body should be released as soon as possible. • Fetuses that abort naturally are to be buried. <p>CREMATION</p> <ul style="list-style-type: none"> • Not allowed

(continued on next page)

ISLAM (Muslim – Sh’ia, Sunni) (continued)

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • There is no god but Allah and Muhammad is his prophet (Creed). • "Islam" means "Peace". • Medicine for disease/sickness and trust in Allah for healing is advised by the Prophet Mohammed. • As far as possible same gender medical staff is preferable for a Muslim patient. • Muslims wash after relieving themselves. In absence of water a wet towel may be provided. • Azan/Iqama prayer is recited for the newborn in a low melodious voice. • Birth control, including sterilization, is the individual’s decision. • Men and women maintain a dress code under normal conditions. Minimum for men is from the navel to the knees. Pyjamas are appropriate. Often women wear long gowns, long sleeves and wear a head scarf when in the company of men. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • Qur’an: Word of God revealed to Muhammad through the Angel Gabriel. • Hadith: Recording of the teachings, sayings, and actions of the Prophet Muhammad 	<ul style="list-style-type: none"> • There are two major festivals in the year: <ol style="list-style-type: none"> 1. <i>Eidul-fitr</i> 2. <i>Eidul-adha</i>. • Islamic calendar is based on a lunar cycle. It is always 11 days shorter every year compared to the Gregorian calendar. • Every Friday there is a congregational prayer in the Mosque. Those who cannot physically go to the Mosque pray at home or in the hospital meditation room. Patients who cannot stand when praying will sit in a chair or pray in bed.

JAIN

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • Strict vegetarian, with dairy products allowed. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • A newborn is to be bathed and the mouth washed with wool dipped in sugar cane, water, and butter. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • When person is dying, the relatives will summon a monk or nun to preach to the patient. • When near death, the patient may refuse food. • The relatives may weep as loudly as possible to announce the death to others. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • In a non-health care setting, at death, the floor is sprinkled with cow dung and the body is moved from the bed to the floor. <p>BURIAL</p> <ul style="list-style-type: none"> • Not acceptable. <p>CREMATION</p> <ul style="list-style-type: none"> • The body is to be cremated.

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Belief in reincarnation, nirvana, and the transmigration of souls. • Jinas are enlightened men who have defeated the cycles of life. • Community is referred to as the Sangha, and is comprised of lay men and women, monks and nuns. • Complete respect for other forms of life. • Three forms of rituals: <ol style="list-style-type: none"> 1. Samayika Prayer, meditation, readings 2. Pratikraman Prayer, meditation, readings 3. Snatra Worship involving Jina idols <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • Numerous Holy Books and Sutras 	<p>Major Holy days:</p> <ul style="list-style-type: none"> • TapaKalyanka (birthday of the 1st Jina) • Mahavir Jayanti (birthday of the 24th Jina) • MokshaSaptami (celebration of the 23rd Jina) • Paryushana Parva (an eight day festival, the last day being Samvatsari the holiest day of the year) • AnantaChaturthi (last day of the Dasalaksani Parva) • Mahavir Nirvana (celebration of Lord Mahavir's salvation)

JEHOVAH'S WITNESS

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Abortion is forbidden unless the mother's health is at risk. <p>DIET</p> <ul style="list-style-type: none"> • Avoid food that contains blood. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Transfusions of whole blood, packed red blood cells, plasma, white blood cells and platelets are prohibited. • Fractions such as albumin, immunoglobulins and hemophiliac preparations are left to the patient's discretion. • There is no official objection to the use of a closed blood circuit that is constantly linked to the patient's circulatory system, where there is no storage of the patient's blood and no blood prime is used. • Vaccinations and serums are a matter of individual choice. • The right to refuse treatment is left to the patient's conscience. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Organ donation and transplant are the patient's decision. <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Family may request an elder present at the time of death. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Autopsy is allowed if required by law, however, organs are not to be removed. • Appropriate relative(s) can decide if a limited autopsy is advisable in order to determine cause of death. <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • The burial of a fetus is a personal decision to be made by the mother or parents. <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Faith healing is not practiced. • Jehovah is the one true God, the Creator. • Baptism, by immersion, for all believers (individuals old enough to make personal decision and commitment). • Men are selected as elders or overseers of each congregation. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible 	<ul style="list-style-type: none"> • Jehovah's Witnesses celebrate the memorial of Christ's sacrificial death. • Do not celebrate the holy days of the mainline Christian calendar.

JEWISH (Conservative, Orthodox, Reform)

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Abortion is forbidden unless mother's health is at risk. • Fetuses are to be buried. <p>DIET</p> <ul style="list-style-type: none"> • Only "Kosher" food is eaten, indicated as such on packaging when animals have been slaughtered according to Kosher practice. • Kosher: fresh fruit, raw vegetables, cows, sheep, goats, tuna, salmon, carp, trout, bass, pickerel, chicken, goose, duck, eggs. • Non Kosher: pigs, rabbit, lobster, shrimp, crab, squid, frog, turtle, catfish, quail. • Meat and dairy products must be eaten separately. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Amputation is acceptable with amputated members buried with the patient. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Organ donations and transplants should be discussed between a Rabbi and the patient. • Orthodox Judaism does not accept the clinical definition of brain death. <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • When death is imminent, the patient's family need to be present. • The family may wish to contact a Rabbi. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Autopsy is unacceptable unless ordered by a coroner and/or after consultation with the Rabbi. • Organs are not to be removed. <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Body is not to be left unattended after death and is to be washed at the funeral home. <p>BURIAL</p> <ul style="list-style-type: none"> • Body is to be buried within 24-48 hours. • Some Orthodox Jews may have arranged to be buried in Israel. • Aborted fetuses are to be buried. <p>CREMATION</p> <ul style="list-style-type: none"> • Not permitted.

(continued on next page)

JEWISH (Conservative, Orthodox, Reform) (continued)

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Prayers for healing may be recited. • The Rabbi is the religious leader within the community. • Four major divisions of Judaism are: <ol style="list-style-type: none"> 1. Orthodox 2. Conservative 3. Reform 4. Reconstructionist • Daily prayers recited at morning, afternoon and evening. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Torah (the Five Books of Moses) • The Talmud (series of writings which outline and interpret the Torah). 	<ul style="list-style-type: none"> • Sabbath or Holy Day is a time of rest. Worship, in a synagogue, begins shortly before sunset Friday, and lasts to shortly after sunset Saturday. • Special Religious Days are as follows: <ul style="list-style-type: none"> • Ten Days of repentance and reflection between Rosh Hashanah and Yom Kippur. • Rosh Hashanah (Celebration of New Year): God judges what will befall each person. • Yom Kippur (Day of Atonement): fasting and asking for forgiveness. • Sukkoth (Feast of Tabernacles): nine day harvest festival. • Hanukkah (Feast of Dedication): commemorates Jewish overthrow of Greek overlords. • Purim (Feast of Lots): celebrates rescue of Jews of the Persian Empire from destruction. • Pesach (Passover): celebrates the exodus of the Hebrews from Egypt. • Shavuoth (Giving of the Commandments).

LUTHERAN

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> Abortion is acceptable only in cases of incest, rape, or if the mother is at risk. <p>DIET</p> <ul style="list-style-type: none"> Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> Anointing and Blessing of the Sick for dying patients. <p>AUTOPSY</p> <ul style="list-style-type: none"> Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> Infant or adult Baptism. Weekly or monthly Communion. Anointing and Blessing of the Sick for dying patients. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> The Bible Apostles', Nicene and Athanasian Creeds 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> Sunday Rest/Worship Christmas (birth of Jesus) Palm Sunday (Jesus enters Jerusalem) Good Friday (crucifixion of Jesus) Easter Sunday (resurrection of Jesus) Pentecost (birth of the Christian Church)

MENNONITE

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Abortion is acceptable only if the physical life of the mother is at risk. <p>DIET</p> <ul style="list-style-type: none"> • Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Prayer, anointing with oil, and Laying on of Hands by an elder are all used for healing purposes. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Follow local customs/laws. <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Infant Baptism rejected. • Adult believer's Baptism by affusion and sometimes immersion. • Foot washing is observed as a sign of true humiliation and of the purification of the soul. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter Sunday (resurrection of Jesus) • Pentecost (birth of the Christian Church)

MENNONITE (OLD ORDER)

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Personality altering medications are considered unacceptable. <p>DIET</p> <ul style="list-style-type: none"> • Caution against eating of blood foods. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • The sick may request prayers and anointing with oil by an elder. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Adult believer's Baptism usually by affusion and sometimes by immersion. • Foot washing is observed as a sign of true humiliation and of the purification of the soul. • Reject modernization. • Wear dark plain clothing. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter Sunday (resurrection of Jesus) • Pentecost (birth of the Christian Church)

METHODIST

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Organ donation after death is encouraged. <p>RELIGIOUS PROTOCOLS</p> <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • No infant Baptism. • Youth and adult believer's Baptism. • Patient may request Communion prior to major medical treatments. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter Sunday (resurrection of Jesus) • Pentecost (birth of the Christian Church)

MORMON

(Church of Jesus Christ of Latter Day Saints)

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • Abstain from tea, coffee, tobacco, alcohol, and drugs. • Limit meat intake. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Laying on of Hands by an elder used as a healing technique. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Preferred <p>CREMATION</p> <ul style="list-style-type: none"> • See above

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Christ is Redeemer. • Baptism performed on the living or the dead. • Infant Baptism rejected. • Youth and adult believer's Baptism by immersion. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • King James Version of The Bible. • Book of Mormon. • The Doctrine and the Covenants and The Pearl of Great Price. 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter Sunday (resurrection of Jesus) • Pentecost (birth of the Christian Church)

NAZARENE

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Abortion is acceptable only when mother's life is endangered and then only on the basis of sound medical and Christian counsel. <p>DIET</p> <ul style="list-style-type: none"> • Alcohol, tobacco, and illicit drugs are prohibited. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • When death is imminent, either initiating or withdrawing artificial life support systems is permissible. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Organ donation is encouraged. <p>RELIGIOUS PROTOCOL</p> <ul style="list-style-type: none"> • Laying on of Hands by clergy used for healing purposes. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Term stillborns are to be buried. <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Infant and adult Baptism are practiced. • Belief in divine healing alongside medical treatments. • Believe that euthanasia is incompatible with the Christian faith. • Practice Communion. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter Sunday (resurrection of Jesus) • Pentecost (birth of the Christian Church)

ORTHODOX

(Greek, Romanian, Russian, Serbian, Ukrainian)

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> Follow usual hospital procedures. <p>DIET</p> <ul style="list-style-type: none"> "Fasting" means that meat and dairy products are avoided. Fasting periods are commonly practiced on Wednesdays, Fridays, and during Lent. Patients desiring to fast should be allowed to do so if there is no health risk or medical conflict. However, fasting may be abandoned during times of health crisis. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> Patient may wish for a priest to administer Holy Communion during a health crisis. The priest should be notified to perform Last Rites while the patient is still conscious if possible. <p>AUTOPSY</p> <ul style="list-style-type: none"> Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> Infant baptism. Belief in the one, holy, catholic, apostolic Church. The Church is administrated by Bishops. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> The Bible Nicene Creed 	<p>Follow the traditional Christian holy days using the Julian Calendar:</p> <ul style="list-style-type: none"> Sunday Rest/Worship Christmas (birth of Jesus) Palm Sunday (Jesus enters Jerusalem) Good Friday (crucifixion of Jesus) Easter Sunday (resurrection of Jesus) Pentecost (birth of the Christian Church)

PENTECOSTAL

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> Abortion acceptable only when mother's life is endangered and then only on basis of sound medical and Christian counsel. <p>DIET</p> <ul style="list-style-type: none"> Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> Use of anointing with oil and Laying on of Hands by clergy as healing methods. <p>AUTOPSY</p> <ul style="list-style-type: none"> Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> Adult believer's Baptism by immersion. Belief in miracle healing by God. Practice/promote speaking in tongues. Communion is practiced. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> The Bible 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> Sunday Rest/Worship Christmas (birth of Jesus) Palm Sunday (Jesus enters Jerusalem) Good Friday (crucifixion of Jesus) Easter Sunday (resurrection of Jesus)

PRESBYTERIAN

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Infant and adult Baptism by sprinkling. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter Sunday (resurrection of Jesus) • Pentecost (birth of the Christian Church)

QUAKER (Friends)

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Baptism is not practiced. • The essence of God is within all people. • Each person should find their own meaning in life. • Silence is valued. • No specific clergy. • Generally no belief in life after death. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible 	<ul style="list-style-type: none"> • Only some of the standard Christian holy days are recognized as secular celebrations.

RASTAFARIAN

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Abortion is not an acceptable practice. <p>DIET</p> <ul style="list-style-type: none"> • Only natural vegetarian foods are eaten. • Prohibited foods include eggs, fish, poultry, and meat. • Alcoholic beverages are prohibited. • Prefer rainwater over tap water. • May prefer to eat with fingers. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Ganja or marijuana is beneficial to one's spiritual, mental and physical health. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • After death, belief in life everlasting for those who have followed the ways of The Bible. • Nature gives life and healing, therefore the ways of nature are preferred to artificial methods. • Haircuts and shaving are desecration of the body. • The hair is never cut and is grown in dreadlocks; the longer the hair the holier the person. • Smoking marijuana opens the mind and soul for God's illumination. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • King James version of The Bible 	<ul style="list-style-type: none"> • Meet weekly for worship. • Holy days observed include: <ul style="list-style-type: none"> • Grounation (a renewal of commitment) • Haile Selassie's Birthday • Marcus Garvie's Birthday • Jamaican Independence (the first Monday in August).

ROMAN CATHOLIC

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Abortion is prohibited. <p>DIET</p> <ul style="list-style-type: none"> • Abstinence from meat is sometimes observed on Ash Wednesday and Good Friday. • Fasting and/or abstinence may be delayed or pardoned due to health reasons. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Sacrament of the Sick is to be administered by a Priest when a patient is seriously ill. • Special prayers may be said after the death of a patient by a Priest or a Chaplain. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • The body is usually buried with the rite of Mass of Christian Burial (although normal burial or cremation are acceptable). <p>CREMATION</p> <ul style="list-style-type: none"> • Fetuses and body parts are to be cremated.

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Infant baptism is a Sacrament, but is not necessary for salvation. • Sacrament of the Sick is to be performed by a Priest for the seriously ill. • Belief in the one, holy, catholic, apostolic Church. • Confession to a Priest is practiced. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible 	<ul style="list-style-type: none"> • Major day of worship is Sunday, while extra services are held on Saturday • Follow the traditional Christian holy days: <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter Sunday (resurrection of Jesus) • Pentecost (birth of the Christian Church)

SALVATION ARMY

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> Abortion is justified when the pregnancy threatens the life of the mother; in the case of rape or incest; when postnatal survival of the fetus diagnostically has been shown to be impossible; when there is no cognitive function in the fetus. <p>DIET</p> <ul style="list-style-type: none"> Abstain from use of alcoholic beverages. Abstain from the non-medical use of addictive drugs. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> Palliative care is promoted. Life support may be removed following brain death. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> Acceptable <p>RELIGIOUS PROTOCOLS</p> <p>AUTOPSY</p> <ul style="list-style-type: none"> Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> Organization based on a military model. No Sacraments <p>SACRED TEXTS</p> <ul style="list-style-type: none"> The Bible 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> Sunday Rest/Worship Christmas (birth of Jesus) Palm Sunday (Jesus enters Jerusalem) Good Friday (crucifixion of Jesus) Easter Sunday (resurrection of Jesus) Pentecost (birth of the Christian Church)

SEVENTH-DAY ADVENTIST

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> Abortion permitted only if the mother's life is endangered, or if severe congenital defects are carefully diagnosed in the fetus, or if pregnancy resulted from rape or incest. <p>DIET</p> <ul style="list-style-type: none"> Some follow a strict vegetarian diet. Abstain from pork, shellfish, tea, coffee, alcohol, narcotics. "Clean meats" such as chicken, beef, and mutton are acceptable. Therapeutic diets are acceptable. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> Minimal use of drugs is recommended. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> Belief in divine healing and the practice of anointing with oil by elders accompanied by prayer. <p>AUTOPSY</p> <ul style="list-style-type: none"> Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> Evangelical, monotheistic, Christian. Baptism by immersion. Medical efforts are promoted alongside belief in divine healing and the practice of anointing with oil accompanied by prayer. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> The Bible. Writings of Ellen G. White. 	<ul style="list-style-type: none"> Do not recognize the standard Christian holidays as holy days. The seventh day, Saturday (from Friday sundown to Saturday sundown), is observed as the biblical Sabbath.

SIKH

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> Abortion is considered an interference in God's will. <p>DIET</p> <ul style="list-style-type: none"> Fasting is permitted for medical reasons only. A vegetarian diet is sometimes followed. Alcohol and tobacco are prohibited <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> Same gender practitioner when possible. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> Acceptable and even encouraged. <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> A Sikh priest may be summoned to perform bedside prayers for the terminally ill. Recitation of sacred hymns at time of death. <p>AUTOPSY</p> <ul style="list-style-type: none"> Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> Body is bathed and dressed with clean linens following death without removing the 5 K's of Sikhism. They are the Kara (iron bracelet), the Kesh (uncut hair), the Kanga (hair comb), the Kirpan (dagger) and the Katchera (uniform shorts). <p>BURIAL</p> <ul style="list-style-type: none"> Stillborn and infants are buried. <p>CREMATION</p> <ul style="list-style-type: none"> Preferred for adults. The eldest son must be present at the cremation of the father (if possible).

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> Monotheistic: there is but one God who created all things. God is seen as a compassionate friend of the sinner. Strong belief in equality of all. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> The Guru Granth Sahib (the Collection of Sacred Wisdom) a book of collected religious writings. 	<ul style="list-style-type: none"> There is no specific weekly holy day since all days are holy. Personal worship occurs twice a day. In the morning there are bathing, prayer, meditation, and hymns. In the evening there are prayers, hymns, selective prayers, and bathing. The main Sikh Holidays are as follows: <ul style="list-style-type: none"> Birthday of Guru Nanak Birthday of Guru Gobind Singh Martyrdom of Guru Tegh Bahadur Martyrdom of Guru Arjan Dev Baisakhi Day (Founding of the Khalsa) Parkash (Institution of Adi Granth Sahib)

UNITARIAN and UNITARIAN UNIVERSALIST

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • More common practice.

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Freedom of belief. • Infants are baptized in order to symbolize dedication. • Belief in the Divine. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • Centred on Judaeo-Christian writings but also study the writings of other religions; philosophical and scientific writings; poetry and literature. 	<p>Follow these standard Christian Holy days:</p> <ul style="list-style-type: none"> • Christmas (birth of Jesus) • Easter (resurrection of Jesus) • United Nations Sunday • Religious Education Sunday

UNITED CHURCH OF CANADA

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Infant and adult Baptism by sprinkling or immersion. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Bible (not taken as literal or infallible but as a guide). 	<p>Follow the traditional Christian holy days:</p> <ul style="list-style-type: none"> • Sunday Rest/Worship • Christmas (birth of Jesus) • Palm Sunday (Jesus enters Jerusalem) • Good Friday (crucifixion of Jesus) • Easter Sunday (resurrection of Jesus) • Pentecost (birth of the Christian Church)

WICCAN

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Nothing specific <p>DIET</p> <ul style="list-style-type: none"> • Follow prescribed hospital diet. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Follow usual hospital procedures. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Acceptable <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • The Wiccan Church of Canada should be notified before post-death arrangements are performed to insure proper instructions are met. • There is belief in the power of Laying on of Hands and in healing rites by religious leaders. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • Follow usual hospital practices. <p>BURIAL</p> <ul style="list-style-type: none"> • Acceptable <p>CREMATION</p> <ul style="list-style-type: none"> • Acceptable

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Children are named and blessed in the rite of Wiccaning. • Worship gods and goddesses of pre-Christian civilizations. • Reverence for nature and life. <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • Book of Shadows • Book of Pagan Rituals 	<ul style="list-style-type: none"> • Rituals held on Sunday evenings. • Religion classes are held on every Monday evening. • There are a number of Holidays that the Wiccan Church recognizes: <ul style="list-style-type: none"> • Beltain (celebration of spring) • Summer Solstice (celebration of mid-summer). • Lamas (first harvest) • Harvestide (full harvest) • Samhain (feast of the dead) • Yuletide (the sun is born) • Imbolc (festival of light and fire) • Lady Day (the return of the maiden from the underworld) • Full Moon • New Moon

ZOROASTRIAN

HEALTH AND DIETARY CONSIDERATIONS	END OF LIFE CARE/DEATH
<p>HEALTH</p> <ul style="list-style-type: none"> • Opposed to abortion. • Following childbirth the placenta is to be buried. <p>DIET</p> <ul style="list-style-type: none"> • For some sects of Zoroastrianism there are no prescribed restrictions in diet. • Some follow a prohibition against eating pork. • Some will choose a vegetarian diet on certain days. <p>EXTRAORDINARY MEDICAL CONCERNS</p> <ul style="list-style-type: none"> • Medications and transfusions recommended by a physician are acceptable. 	<p>TRANSPLANTATION/ORGAN DONATION</p> <ul style="list-style-type: none"> • Organ/body donation is discouraged. <p>RELIGIOUS PROTOCOLS</p> <ul style="list-style-type: none"> • Upon death, the ritual of Rimān is performed for purification of the corpse. • Selected prayers from the Khordeh Avesta are recited in the ear by a relative or a Zoroastrian priest. • In the case of stillbirth these same procedures apply. <p>AUTOPSY</p> <ul style="list-style-type: none"> • Acceptable <p>CARE OF THE BODY</p> <ul style="list-style-type: none"> • The head should not be facing NORTH. • After death the body (in some sects) is bathed with gomez and water and is clothed in fresh garments. <p>BURIAL</p> <ul style="list-style-type: none"> • In some sects the body may be buried or cremated. <p>CREMATION</p> <ul style="list-style-type: none"> • In some sects the body must be cremated.

BELIEFS AND PRACTICES	HOLY DAY OBSERVATIONS
<ul style="list-style-type: none"> • Belief in the one supreme God called Ahura Mazda. • The Padyab ritual is performed several times daily and consists of prayer, washing of exposed body parts, and the untying and tying of sacred thread. • Followers wear undergarments of muslin (Sadra) and a sacred thread about the waist (Kusti). • There are three major Sects: <ol style="list-style-type: none"> 1. Shenshadi 2. Kadimi 3. Fasli <p>SACRED TEXTS</p> <ul style="list-style-type: none"> • The Khordeh Avesta 	<ul style="list-style-type: none"> • There are several major holidays that are celebrated dependant on one's sect: • Naoruz (New Year's Day) • Khordadsal (Birthday of Prophet Zoroaster) • Fvaverdegan Mukhtad (Remembrance days for the departed) • Gahambars (Six seasonal festivals commemorating each stage of creation.) • Death Anniversary of Zoroaster