**Pediatric bowel prep for colonoscopy**
for children having light sedation or general anesthesia

Your child is booked for a Colonoscopy procedure. Please come to the Endoscopy Unit on ______________________ (date) at __________ (time).

The Endoscopy Unit is on the 4th floor, in the yellow area.

How to “clean out” your child’s bowels before the colonoscopy procedure:
1. Buy Senokot® and Pico-Salax® at your local pharmacy.
2. Have your child drink plenty of clear fluids: water, apple juice, chicken or beef broth, Sprite®, 7-Up®, gingerale, jello (not red or purple) and popsicles (not pink or grape).
3. Follow the instructions in the chart for your child’s age.

<table>
<thead>
<tr>
<th>Age</th>
<th>Monday</th>
<th>Tuesday</th>
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| Less than 1 year | 2.5 ml (1/2 tsp) Senokot® at bedtime        | **Regular breakfast.**  
|                |                                              | **Clear fluids only** (nothing to eat) from noon until 4 hours before the procedure.  
|                |                                              | 2.5 ml (1/2 tsp) Senokot® at bedtime.  
| 1 to 5 years   | 10 ml (2 tsp) Senokot® at 4 pm               | **Regular breakfast.**  
|                |                                              | **Clear fluids only** (nothing to eat) from noon until 4 hours before the procedure.  
|                |                                              | ¼ sachet of Pico-Salax® at noon.  
|                |                                              | ¼ sachet of Pico-Salax® at 4 pm.  
| 6 to 12 years  | Senokot® liquid 15 ml (1 tbsp) or 3 Senokot tablets at 4 pm | **Regular breakfast.**  
|                |                                              | **Clear fluids only** (nothing to eat) from noon until 4 hours before the procedure.  
|                |                                              | ½ sachet of Pico-Salax® at noon.  
|                |                                              | ½ sachet of Pico-Salax® at 4 pm.  
| 13 years and older | Senokot® liquid 15 ml (1 tbsp) or 3 Senokot tablets at 4 pm | **Regular breakfast.**  
|                |                                              | **Clear fluids only** (nothing to eat) from noon until 4 hours before the procedure.  
|                |                                              | 1 sachet of Pico-Salax® at noon.  
|                |                                              | 1 sachet of Pico-Salax® at 4 pm.  

Clear fluids only (nothing to eat) from noon Tuesday until 4 hours before the procedure.

Bowel movements must be clear!

If your child does not tolerate the clean out prep (vomits or refuses the medications) call the Pediatric GI Doctor on-call at 905-521-5030.

If you need to cancel or change your appointment, call 905-521-5013.
If you have questions, call 905-521-2100, ext. 73616 or 73072.