

Cone Biopsy

A cone biopsy removes a cone shaped wedge of tissue from your cervix. A cone biopsy is necessary if your doctor cannot see all the abnormal cells and he/she wants to check deeper into your cervix.

You will need to urinate before you can go home after the procedure.

What you may notice after the biopsy

- Mild cramps, somewhat like menstrual cramps, which may be relieved by medications such as Tylenol[®] or Ibuprofen[®]. Do not take aspirin.
- A dark or bloody vaginal discharge that may have some odour. This discharge may last up to 2 weeks. Some patients have no discharge at all.
- A few days after the cone biopsy you may pass some packing. This looks like a dark “lump” and may be followed by a small amount of bright red bleeding.

When to seek medical help

If you have:

- bright red bleeding heavier than a normal period (soaking a maxi-pad in less than 2 hours).
- heavy bleeding that is off and on
- bleeding with clots
- severe cramps or pain
- fever of 38°C (100°F) or greater
- a foul odour to the discharge

How to care for yourself

Your cervix needs 3 weeks to heal completely.

- Do not put anything into your vagina for 3 weeks after your surgery.
This means:
 - no tampons
 - no douching
 - no sexual intercourse
- You may have a bath or shower.
- Avoid strenuous exercise for 10 days.
- Do not take aspirin for about 3 weeks.
- Check with your surgeon about going back to work.

To find out your results

- Check with the surgeon who did your procedure, or
- If you were seen at the Juravisnki Cancer Centre by a Gynecology Oncologist, call the Colposcopy Clinic at 905-574-8488.