



Information for patients

## Cone Biopsy

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### You may notice:

- Mild cramps, somewhat like menstrual cramps which may be relieved by medications such as Tylenol® or Ibuprofen®. Do not take aspirin.
- A dark or bloody vaginal discharge that may have some odour. This discharge may last up to 2 weeks. Some patients have no discharge at all.
- A few days after the cone biopsy you may pass some packing. This looks like a dark “lump” and may be followed by a small amount of bright red bleeding.

### Call the surgeon's office at \_\_\_\_\_:

- bright red bleeding heavier than a normal period (soaking a maxi-pad in less than 2 hours)
- heavy bleeding that is off and on
- bleeding with clots
- severe cramps or pain
- fever
- a foul odour to the discharge

**If you are bleeding heavily and cannot reach the Clinic, go to the Emergency Department at McMaster University Medical Centre. If you live outside the city of Hamilton go to the nearest Emergency Department.**

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## Helping yourself heal ...

- Your cervix needs 3 weeks to heal completely.
- Do not put anything into your vagina for 3 weeks after your surgery.

This means:

- no tampons
- no douching
- no sexual intercourse
- You may have a bath or shower.
- Avoid strenuous exercise for 10 days.
- Do not take aspirin for about 3 weeks.
- Check with your doctor about going back to work.
- You need a follow-up appointment with your surgeon in 1 to 2 months. Please call the surgeon's office if the hospital staff have not made this appointment for you.

**For cone biopsy results, call your surgeon's office 10 to 14 days after the biopsy.**

**If you have any questions or concerns, call the Colposcopy Clinic:**

Henderson General Hospital at 905-574-8488.