

Developmental Pediatrics and Rehabilitation (DPR) Services for Preschoolers

Children 2 to 5 years of age



The DPR Program serves children and their families using a family-centered approach. This means that families set their own goals for assessment and treatment.

What do we offer?

We help to promote children's development by providing:

Assessment and consultation

- ✓ Assessment of all aspects of development
- ✓ Consultations with parents and other agencies as needed

Interventions

- ✓ Group sessions for parents
- ✓ Group sessions for children
- ✓ Individual sessions for children and parents

Resources

- ✓ Newsletters and information about other services and resources



**A clinician will work
with you to decide
which services best meet
the needs of
your child and family.**

Assessment and consultation

The following clinicians provide assessment and consultation services for your child and family.

Clinician	How they may contribute to your child's care
Audiologist	Assesses and manages hearing disorders.
Behaviour Therapist	Uses Applied Behaviour Analysis (ABA) to modify challenging behaviour and improve adaptive behaviour.
Developmental Pediatrician	Assesses your child's health and development.
Early Childhood Resource Specialist	Helps you with specific concerns about your child's early development, learning and behaviour.
Infant-Parent Therapist	Helps you and your child address specific problems and improve your relationship.
Occupational Therapist	<p>Helps your child with everyday activities such as:</p> <ul style="list-style-type: none"> • self-care – eating, dressing, bathing, toileting • play - holding and using toys, crayons and scissors • taking part in community activities - preschool, recreation and starting school
Physiotherapist	<p>Helps your child with:</p> <ul style="list-style-type: none"> • physical activity, exercise, play and everyday activities at home and in the community • the use of specialized equipment • the transition to preschool and school
Psychologist	<p>Assesses how your child thinks, feels and behaves.</p> <p>Recommends ways to help your child with learning, social skills, and behavioural or emotional problems.</p> <p>Helps you and your child address specific problems and improve your relationship.</p>

Clinician	How they may contribute to your child's care
Psychometrist	Assess your child's thinking and behaviour, with supervision from a psychologist.
Social Worker	Promotes your family's wellbeing by: <ul style="list-style-type: none"> • giving support and counselling to you, your child and family • providing consultation to groups and schools • helping you apply for government funding and services such as respite
Speech-Language Pathologist	Supports your child's ability to communicate and interact by: <ul style="list-style-type: none"> • focusing on speech, language and social communication • helping with difficulties such as stuttering, resonance, hearing, swallowing and feeding • using augmentative communication
Therapeutic Recreationist	Helps your child and family find meaningful leisure and recreation activities in your community. Helps your child learn new skills, make friends, and improve movement and fitness, so he or she can take part in activities independently.

We also offer clinics where a team of clinicians are available to see you and your child, such as:

- Cleft Lip and Palate Clinic
- Down Syndrome Clinic
- The Motion Lab
- Technology Access Clinic

Interventions

Group sessions for parents

Name of group	Description
Circle of Security Parenting	<p>A series of 8 sessions for parents of children 1 to 6 years old.</p> <p>Learn how to improve the attachment relationship with your child and your child's behaviour.</p> <p>Discuss issues with the leaders and other parents.</p>
Communication and language treatment groups	<p>Dynamo Parent Program for parents of children with language delays due to speech difficulties.</p> <p>Hanen Programs[®]</p> <ul style="list-style-type: none"> • It Takes Two to Talk[®] for Parents of Children with Language Delays • Target Word[®] for Parents of Children who are Late Talkers • More Than Words[®] for Parents of Children with Autism Spectrum Disorder • Talkability[®] for Parents of Verbal Children with Autism Spectrum Disorder
Community Parent Education (COPE)	<p>For parents of children 3 to 12 years of age with challenging behaviour.</p>
COPEing with Toddler Behaviour	<p>A series of 8 sessions for parents of children 1 to 2 years old.</p> <p>Learn about parenting and ways to prevent challenging behavior.</p> <p>Discuss issues with the leaders and other parents.</p>
One-session workshops	<p>Sessions on a variety of topics such as siblings or toileting.</p>

Group sessions for parents (continued)

Name of group	Description
Parent Sensory Talk	<p>Learn how children receive information from the environment through their senses (sight, hearing, touch, smell and taste).</p> <p>Learn how difficulties with processing sensory information can affect your child, and how occupational therapists can help.</p>
Parent Support Groups	Social Workers provide emotional support, education, and information to parents of children with physical or developmental disabilities.

Group sessions for children

Name of group	Description
Communication, speech, and/or language treatment groups	Focus on communication, speech and/or language, and social goals during play activities.
Sequential Oral Sensory (SOS) feeding groups	<p>Support children who have a limited quantity or variety of foods in their diet.</p> <p>Consider all the reasons why children may struggle to eat and helps them increase their comfort level with food and eating.</p>
Skating groups	Help children 2 to 5 years old who can walk (with or without aids) learn the skills needed to join a community skating program.



For more information about groups for parents and children go to:

- www.mchcommunityed.ca
- www.mcmasterchildrenshospital.ca/dpr

Individual sessions

The following clinicians provide individual sessions for children or parents:

- Early Childhood Resource Specialist
- Infant-Parent Therapist
- Occupational Therapist or Occupational Therapist Assistant
- Physiotherapist or Physiotherapist Assistant
- Psychologist
- Social Worker
- Speech-Language Pathologist or Communicative Disorders Assistant
- Therapeutic Recreationist

Resources

Information about services and resources

Applied Behaviour Analysis Services and Supports

- www.mcmasterchildrenshospital.ca/body.cfm?id=372

CanChild - Centre for childhood disability research

- www.canchild.ca

Child care

- www.HamiltonOneHSN.ca (Hamilton)
- www.edu.gov.on.ca/childcare

Contact Hamilton

- Services for children with emotional, behavioural or social difficulties
<http://contacthamilton.com/>

Early Words: Preschool Speech and Language Services

- <https://ascy.ca/early-words/>

Family Resource Centre

- www.mcmasterchildrenshospital.ca Click “Patients, Families & Visitors”, then click “Family Resource Centre” on the left
-

Immigration services

- Immigrants Working Centre - <http://iwchamilton.ca/>
- Caring for Kids New to Canada - A guide for health professionals working with immigrant and refugee children and youth - www.kidsnewtocanada.ca

Interpreter and Translation Services (ITS) Hamilton

200-124 James Street South,
Hamilton, Ontario, L8P 2Z4

Email: info@itshamilton.com

Phone: 905-527-7045

Fax: 905-527-9961

- www.itshamilton.com



Partners for Planning

- Supports families to plan and create a meaningful life and safe, secure future for their relative with a disability
www.partnersforplanning.ca

Separation, divorce and family therapy services in Hamilton

- Catholic Family Services - www.cfshw.com
- Child and Adolescent Services - <http://www.hamilton.ca/public-health/clinics-services/child-and-adolescent-services>
- Lynwood Charlton Centre - <http://lynwoodhall.com/>

The Hanen Centre - supports children's language development

- www.hanen.org

Information about funding and applications

Assistance for Children with Severe Disabilities

A monthly allowance to help parents meet the ongoing costs arising from their child's disability

- www.children.gov.on.ca/htdocs/English/topics/specialneeds/disabilities/index.aspx
- www.hamiltonhealthsciences.ca/documents/Patient%20Education/AssistanceSevereDisableChild-lw.pdf

Child Disability Tax Credit

- www.cra-arc.gc.ca/E/pbg/tf/t2201/t2201-fill-12e.pdf

City of Hamilton - Child care subsidy

- www.hamilton.ca/HealthandSocialServices/SocialServices/ChildCareAndParenting/

Community Information Hamilton

- www.welcometohamilton.ca

Hamilton Family Network

- Supports families of children with special needs
www.hfnet.ca/

March of Dimes Canada

- Provides funding for home and vehicle modification, and advocacy and information on services for people with disabilities
www.marchofdimes.ca



Special Services at Home Program

- Provides funding for a child to have one-to-one support at home from a special needs worker
www.children.gov.on.ca/htdocs/English/topics/specialneeds/specialservices/index.aspx

Respite Care

- www.respiteservices.com
- www.hamiltonhealthsciences.ca/documents/Patient%20Education/RespiteCareHamilton-lw.pdf
- www.hnhbhealthline.ca/listServices.aspx?id=10929

If you would like to view this document online, go to our Patient Education Library at www.hhsc.ca/pedl and enter “DPR Services” in the search box.