

## Radiation treatment planning appointment

Before starting your treatment, you will need to come to the Juravinski Cancer Centre (JCC) for a **Radiation Treatment Planning Appointment**.

**Mould room appointment** \_\_\_\_\_  
date time

**Treatment planning appointment** \_\_\_\_\_  
date time

### What is a mould?

A mould is a mask or cast made of the area that is being treated. A mould is needed to keep you still and in the exact same position for each treatment. The mould is usually made on the same day, just before the planning appointment in the mould room. We will provide you with information if a mould room appointment is needed.

### What happens at the planning appointment?

- A radiation therapist reviews what happens and answers your questions.
- An I.D. photo is taken.
- You may need to change into a hospital gown.
- Planning is done in the simulator room. Radiation therapists, medical and planning staff are with you in the simulator room.
- The therapists guide you into a stable position. You will need to be in this position for each of your radiation treatments. A photo may be taken to help reproduce the set-up.
- X-rays or a CT scan of the area to be treated are taken.
- Tattoos (dots) or marks may be placed on your skin, mask or mould.

### **When will my radiation treatments start?**

- After the treatment planning appointment, time is needed to make your treatment plan.
- You will be called at home of your start date and time.
- The JCC aims to give you at least 3 days notice before your treatment starts. This is not always possible.

### **What happens if I cannot make the treatment planning appointment or will be late?**

- Call 905-387-9495, ext 63808 and let the clerk know.
- Please give 48 hours notice if you need to change your appointment.

### **Where do I go for my treatment planning appointment?**

- Take the main elevators to Level 0.
- Check in with the receptionist at the desk, and you will be directed to the right area.

### **What if I have more questions?**

If you have questions or concerns with regards to the treatment plan, contact your Primary Team.