

Symptom Assessment

Help us manage your symptoms

What is a Symptom Assessment?

The Symptom Assessment is a set of questions about how you are feeling now and how your activity has been over the past month.

Why should I complete my Symptom Assessment?

By completing a Symptom Assessment you will help us understand how you are feeling. We can identify problems and offer help.

When do I complete my Symptom Assessment?

Complete your Symptom Assessment before each doctor's appointment at the JCC. How you feel may change every day.

Where do I complete my Symptom Assessment?

There are touch screen computers in the Main Lobby, Clinics A through F, and in Radiation Review.

What do I do if I need help completing my Symptom Assessment?

Step-by-step instructions are posted at each computer and a Canadian Cancer Society Volunteer may be available to help you. You may also ask a family member, friend or caregiver to help.



How long does it take to complete a Symptom Assessment?

The first time you complete a Symptom Assessment takes about 5 minutes. After the first time, it takes about 2 or 3 minutes.

Can I complete my Symptom Assessment at home?

Yes. If you have a computer and a printer, you can complete and print your Symptom Assessment before coming to your appointment at the JCC by going to this link: <https://isaac.cancercare.on.ca>

Instructions 

**Stop the spread of germs and infection.
Clean your hands.**

**Use the hand sanitizer located near
the computer screen.**



Instructions:

1. **Touch** the computer screen to begin.
2. **Swipe or manually enter** your Ontario Health Card number (no spaces, numbers only).
3. **Press** "Continue".
4. **Complete** all questionnaires:
 - Edmonton Symptom Assessment System – revised (ESAR-r)
 - Patient Reported Functional Status (PRFS)
5. **Wait** for scores to print at the designated printer

Thank you.



A Symptom Assessment can be completed and printed at home before appointments: <https://isaac.cancercare.on.ca>