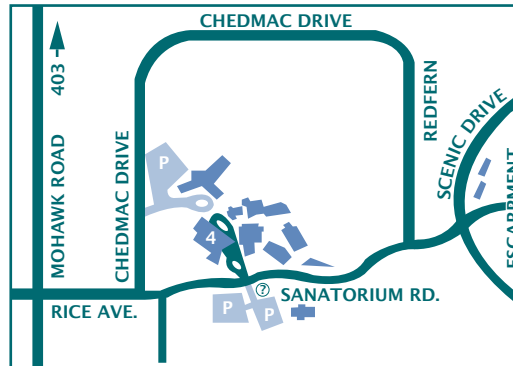




WHY ATTEND THIS TYPE OF PROGRAM?

Living with a chronic pain condition can be difficult. The best way to learn how to cope with this complex condition is to participate in an intensive interdisciplinary treatment program such as the Chronic Pain Management Unit. Research indicates that persons who attend programs like this are more likely to return to work, improve their participation in home and quality of life activities, have less emotional distress, have better communication skills, reduce their need for medical visits for pain and reduce their dependency on pain medication. The literature, including our own studies, consistently show that interdisciplinary programs are the most effective treatment for chronic pain and that return to work is approximately doubled. Research indicates that persons with chronic pain are best treated in an intensive treatment program of over 100 hours.



4. CHRONIC PAIN MANAGEMENT UNIT, WILCOX BUILDING
 2. INFORMATION KIOSK

For more information please call:

Phone: Direct: (905) 521-7931
 Toll Free: 1-888-Chedoke (243-3653)
 Fax: (905) 575-9500
 E-Mail: pain@hhsc.ca
 Web site: www.hhsc.ca/pain

Chronic Pain Management Unit
 Chedoke Hospital
 555 Sanatorium Road
 Wilcox Building, 2nd Floor
 Hamilton Health Sciences
 Hamilton, ON L9C 0C4

Please note: to be eligible for our service treatment costs must be authorized by an insurance company, Veteran Affairs, WSIB, or other funding agency.



**Chronic Pain
 Management Unit**

A program of Hamilton Health Sciences Corporation

CHRONIC PAIN MANAGEMENT



personal growth comes from within



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 Management Unit**