

## Ditropan<sup>®</sup> (brand name)

The generic name for this medication is Oxybutynin Chloride

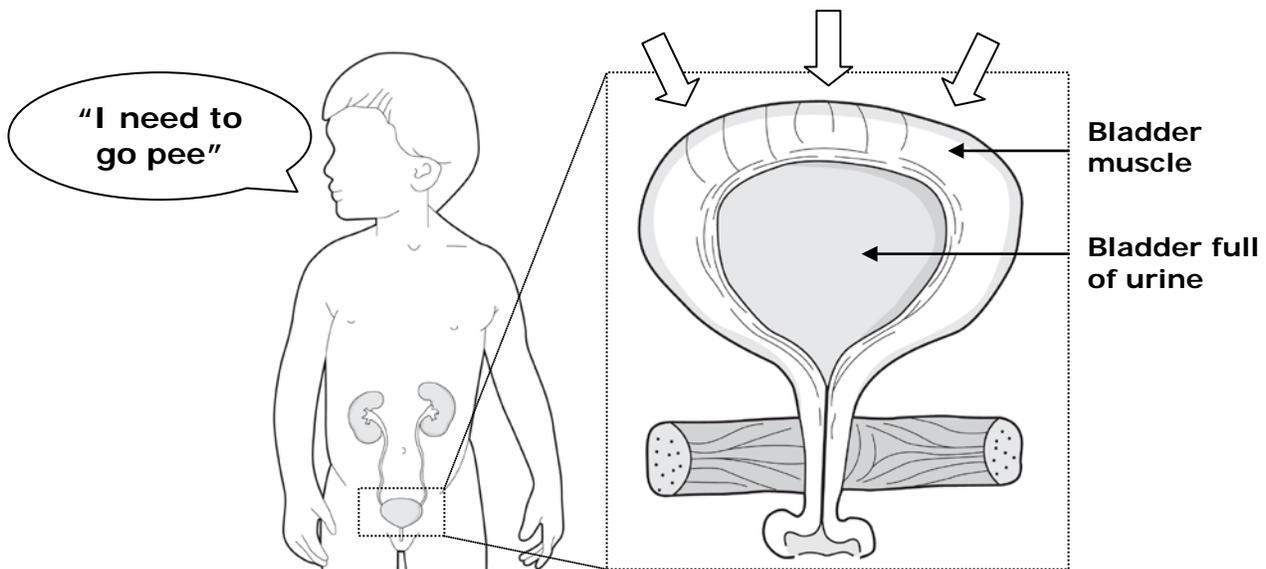
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### What is Ditropan?

Ditropan is a medication that relaxes the bladder muscle. It is used to treat an overactive bladder. Ditropan can help your child have better bladder control and fewer “accidents”.

### How does the bladder work?

Normally, the bladder muscle is relaxed as it fills with urine. When it is full, the bladder tells the brain and the child knows to go to the bathroom. When the child is ready, the brain tells the bladder muscle to squeeze (contract) and the urine comes out. The bladder muscle only contracts when the child wants it to.



### What is an overactive bladder?

Overactive means the bladder muscle contracts before the bladder is full, and without your child wanting it to.

The symptoms of an overactive bladder are:

- incontinence – wetting or dribbling urine
- frequency – your child always feels he/she has to pee, or pees more than 8 times a day
- urgency – your child feels he/she has to run to the bathroom all the time

## How does Ditropan work?

Ditropan helps the bladder muscle relax. It won't contract when your child doesn't want it to. Your child's bladder will be able to hold more urine, so he/she won't always feel the urge to pee and there will be fewer "accidents".

## How do I give my child Ditropan?

Ditropan comes in a pill or liquid. The liquid doesn't taste bad, but some children don't like it. Your child can take Ditropan with or without food.

Give your child Ditropan at the same time each day, as prescribed by your doctor. If you forget a dose, just give the next dose at the regular time. Do not give a double dose.

Use this chart to find the amount of Ditropan that is right for your child.

For the first 3 to 5 days, give your child 2 ml of Ditropan in the morning and 2 ml after school.

Increase the amount of Ditropan every 3 to 5 days, following the chart.

	Morning	After school
First 3 to 5 days	2.0 ml	2.0 ml
Next 3 to 5 days	2.5 ml	2.5 ml
Next 3 to 5 days	3.0 ml	3.0 ml
Next 3 to 5 days	3.5 ml	3.5 ml
Next 3 to 5 days	4.0 ml	4.0 ml
Next 3 to 5 days	4.5 ml	4.5 ml
Next 3 to 5 days	5.0 ml	5.0 ml

When your child's symptoms improve (or example, no dribbling, peeing 6 times a day) stop at that dose.

## What are the side effects?

Some side effects are possible, such as:

- dry mouth, nose or throat
- dry skin (less sweat)
- dry eyes (less tears)
- thirst
- drowsiness
- constipation or diarrhea
- heartburn or stomach ache
- loss of appetite
- difficulty peeing
- headaches
- restlessness
- flushed face

**If you have questions, talk with your Doctor or the Nurse Practitioner**