

Name:
Address:
City:
Postal code:

Fever diary

Use this chart to keep track of your child's temperature and symptoms. Please bring this diary with you to your clinic visits.

Date DD/MM/YY	Time	Temperature and method*	Illness/Symptoms	Medication given	How long fever lasted	
Example: 21/04/14	Example: 8 am	Example: 38.7 By mouth	Example: Chills, coughing	Example: Junior Strength Tylenol	Example: 3 hours	
* Method = Temperature taken by mouth, under arm, or in the ear						
Important phone numbers:						
Infectious Disease Clinic (to make or change an appointment) 905-521-2100, ext 73874						
Infectious Disease Clinic Nurse 905-521-2100, ext 7309					ext 73098	