



# Caring for my child's Gastrostomy Tube

## Feeding Tube

Inserted by Dr. \_\_\_\_\_

Date: \_\_\_\_\_

I know:

- The type of feeding tube my child has (PEG or skin level gastrostomy tube)
- The size of the feeding tube: \_\_\_\_\_

## Gastrostomy Tube

I know:

- What is a gastrostomy tube
- What happens if the tube falls out
- How to travel with my child

## Skin Care

- I know how to check the skin around the tube
- I know how to care for the skin around the tube
- I know how to change the dressing, if needed

I know what to do if the skin is:

- Red, swollen, draining or sore
- Thick and bumpy (granulation tissue)

## Feeding

I know:

- What type of formula to use
- How to prepare the formula
- How to store the formula
- What method to use to feed my child (gravity, syringe or pump)
- How to prepare the feeding equipment
- How to care for the feeding equipment
- How to position my child during feedings
- How to feed my child, including connecting and disconnecting
- What to do if my child coughs or gags during or right after feeding

## Medication

- I know what the medication is for
- I know how to give my child medication through the feeding tube

## Other

I know:

- What my child can take through his/her mouth
- The required consistency of the food
- The type of mouth care my child requires
- The activities my child can do

## Managing problems

I can spot problems and know when to call for help

- Diarrhea
- Constipation
- Cramping
- Bloating
- Nausea
- Vomiting
- Fever
- Changes in urine colour or amount of urine
- Leaking around the tube
- The tube is blocked
- The tube comes out

See pages 28 to 34 of the Gastrostomy Tube book

## Financial help

I know about these sources of funding:

- ADP
  - I have my ADP form
- CCAC
- ACSD

My child's follow-up appointment for the G-tube is: \_\_\_\_\_