

Breathe Easy: We're going smoke-free

Smoke-free hospital

Hamilton Health Sciences is a smoke-free hospital. This means that smoking is not allowed anywhere on the grounds, including parking lots, garages and vehicles.

We appreciate your co-operation in providing a safe and healthy environment for all our patients, visitors, staff and doctors.

For support or help to stay smoke-free:

- talk to a member of your health care team
- contact Smokers' Helpline toll-free at 1-877-513-5333 or <u>www.smokershelpline.ca</u>