

## Going home after a thyroid biopsy

Date of biopsy: \_

The biopsy was done by Dr.

## Instructions for going home

For the next 24 hours:

- leave the dressing/band-aid on
- keep the needle site dry

You may have mild discomfort at the needle site and discomfort swallowing for a few days. This is common. If needed, you may take Tylenol.

Make sure you are able to swallow your saliva easily before eating or drinking.

Call your family doctor or go to the nearest emergency department if your pain is severe, does not go away, or you have:

**D** problems swallowing or breathing

- hoarseness
- □ bleeding at the needle site
- □ increased pain in your neck
- **I** swelling in your neck

If you need to see your family doctor or go to the nearest emergency department, bring these instructions with you to show what procedure you had done and by whom.