

Varicose Vein Ligation Surgery

Before your surgery

- Please shower or bath the night before surgery.
- Before your surgery, the area of skin near your groin may be shaved. This allows for a clean surgical area. A dressing will be applied to the wound after surgery.

After your surgery

- There are no restrictions to your activities.
- Take your pain medication as prescribed.
- You may find it more comfortable to wear boxer-type underwear.
- Remove the tapes across the **groin wound** after 48 hours and wash with mild soap and water.

Tensor bandage

- Keep the tensor bandage on for 3 days at all times. Do not shower for 3 days.
- After 3 days you may shower daily and then reapply the tensor bandage. Remove any wet dressing and replace with a fresh dressing.
- If the tensor becomes loose then re-wrap.
- Continue this until you see your doctor at your follow-up appointment.

Follow-up appointment

You will be given a follow-up appointment to see your surgeon.

Call your doctor

- If you notice an increase in redness, swelling or discharge from your incision.
- Increase in bleeding from your incision.
- Increasing pain, especially if accompanied by a fever of 38.5°C or 101°F.