

BONE MINERAL DENSITY

Osteoporosis - Body Composition - Vertebral Fracture Assessment

Patient Information:	
Patient Name:	Sex:
	☐ Male ☐ Female
Street Address:	Birth Date (yyyy/mm/dd):
City: Province: Postal Code:	Home Phone:
City: Province: Postal Code:	nome Phone.
Health Card Number: Version Code:	Work Phone:
Appointment Date:	Time:
☐ Juravinski Hospital	e of Last Exam:
☐ McMaster Hospital Fax: (905) 521-2358	
Exam Type:	
☐ Baseline (once per lifetime and patient over 65 years of age; or for	r younger patients, risk factor(s) must be checked below)
High Risk Follow-Up (1 year + a day since previous; must check at least one risk factor below)	
 Low Risk 2nd BMD – 36 months since previous Low Risk Follow-Up 3rd BMD and Subsequent – 60 months since previous 	
Low Kisk Follow-op 3rd BiviD and Subsequent – 60 months since previous	
Specialized Examination:	
☐ Vertebral Fracture Analysis (McMaster only)	
☐ Paraplegic Assessment	
□ Body Composition	
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Risk Factors (please check all applicable):	
T-Score less than -1.0 on prior BMD	
Fragility Fracture (spine, wrist, hip, pelvis)Systemic Glucocorticoid (Steroid) Use (for greater than 3 months)	
Other High Risk Medications (e.g. Hormone Deprivation Therapy) State Medication:	
☐ Malabsorption Syndrome	
Chronic Inflammatory Disease (e.g. Rheumatoid Arthritis)	
☐ Vertebral Fracture on X-Ray	
☐ High Alcohol Intake or Current Smoker☐ Low Body Mass (less than 60 kg)	
☐ Major Weight Loss	
☐ Other Please Specify:	
Relevant Clinical Information:	
Physician Signature:	Additional Report Copies To:
Physician's Printed Name:	

Bring this requisition form and your health card to your appointment. Arrive 10 minutes prior to your appointment for registration.

CALL TO BOOK YOUR APPOINTMENT

Office

Directions

☐ Juravinski Hospital 711 Concession Street Hamilton, ON L8V 1C3 Phone: 905-577-1484 Fax: 905-521-2358 Juravinski is located on the central mountain in Hamilton. The Bone Density Unit is located in the Nuclear Medicine Department on the main floor of the hospital.



□ McMaster Hospital 1200 Main Street West Hamilton, ON L8N 3Z5 Phone: 905-577-1484 Fax: 905-521-2358 McMaster is located in the west end of Hamilton. The Bone Density Unit is located in the Nuclear Medicine Department on the first floor in the blue section.



Patient Instructions for Bone Mineral Density (BMD) Test

Please bring a list of medications to your appointment

There is no preparation required before your BMD scan. However, it is very important that you do not have a BMD scan within 7 days of having any of the following tests: a Barium Meal or Enema, a Nuclear Medicine study, or a contrast study (CT scan). Avoid wearing metal buttons or zippers over the mid-abdomen. A gown will be provided if necessary.



The Bone Mineral Densitometry program at Hamilton Health Sciences – Juravinski and McMaster University Medical Centre is accredited by the Canadian BMD Facility Accreditation Program, a program sponsored by the Ontario Association of Radiologists and Osteoporosis Canada.

Free Parking Vouchers will be provided after the BMD test upon request.