

Pathfinder Series: Colorectal Cancer

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

Books

Johns Hopkins Patients' Guide to Colon and Rectal Cancer / Nita Ahuja, Brenda S. Nettles

Call Number: 7.7.5 2014

Describes treatment options for colorectal cancer from start to finish, covering meeting the treatment team, managing the side effects of treatment, communicating with family and friends, and maintaining a work-life balance.

Colon and Rectal Cancer: From Diagnosis to Treatment / Paul Ruggieri, Addison R. Tolentino

Call number: 7.7.3 2012

This helpful book looks at symptoms of colorectal cancers, tests to diagnose cancer, determining stage of the cancer, surgery and types of treatment. Not a big book, but a comprehensive guide to understanding the disease and options for treatment.

Positive Options for Colorectal Cancer / Carol Ann Larson

Call Number: 7.7.1 2014

This book offers readers everything they need to know about understanding and dealing with colorectal cancer. It presents detailed information in a clear and concise manner from a well-known advocate and author who is a personal survivor of Stage III colorectal cancer for more than 20 years. Chapters present information on prevention techniques, warning signs, and screening tests including the latest on virtual colonoscopy and how to find and talk honestly with the right doctor. It offers tips on treatment options including surgery, chemotherapy, radiation in addition to advice for life after colorectal cancer and how to find support and resources for the colorectal cancer patient.

Websites

American Cancer Society – Colorectal Cancer

<http://www.cancer.org/cancer/colonandrectumcancer/>

This is an excellent overview and comprehensive look at colon and colorectal cancer from the American Cancer Society. The site provides disease information and treatment options, but there is also a detailed section on support for colon cancer patients and latest research news.

Cancer Support Community – Colorectal Cancer

<http://www.cancersupportcommunity.org/MainMenu/About-Cancer/Types-of-Cancer/Colorectal>

The CSC aims to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. This site offers lots of important information on colorectal cancer including understanding your cancer, treatment options, talking to your healthcare team, quality of life concerns and much more.

Colorectal Cancer Alliance

www.ccalliance.org

This is an American organization dedicated to informing and supporting those affected by colorectal cancer. Includes basic information about the disease, treatment, clinical trials and quality of life, and offers support groups and advice for both the patient and their friends and family.

Colorectal Cancer Canada

<https://www.colorectalcancercanada.com/>

A Canadian organization that offers a great deal of information relating to colorectal cancer, the site includes a section for “just the facts”, as well as screening, treatments, support and more. There are also sections on news, events, and ways for Canadians with colorectal cancer to connect online or in person.

Medline Plus – Colorectal cancer

<http://www.nlm.nih.gov/medlineplus/colorectalcancer.html>

From the National Library of Medicine in the US, Medline Plus is a subject directory, pointing you to various resources that help explain different types of cancer. The pages are broken into different sections including diagnosis and symptoms, disease management, research information, current news and overviews of new treatments and tests and much more. With links to credible organizations such as the Mayo Clinic, the American Cancer Society and others, the site is updated regularly, and information is always accurate and very current. The site also offers interactive tutorials to help you learn about diagnostic tests, treatments and other topics.

National Cancer Institute – Colorectal Cancer

<http://www.cancer.gov/types/colorectal>

The NCI has very detailed cancer information, and the section on colorectal cancer is divided into six areas: Treatment, Research, Causes & Prevention, Screening, Statistics, and General Resource on Coping. Each area provides detailed colorectal cancer information, with resources for further reading and more.