

Pathfinder Series: LGBTQ+ Cancer Care

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

Books & Electronic Publications

A Gay Man's Guide to Prostate Cancer / Gerald Perlman, PhD

Call number: 7.20.4 2005

This book shares the personal experiences of gay men as they are diagnosed and treated for prostate cancer. It includes discussions about epidemiology and risk factors and offers support with emotional topics such as grief, mortality, incontinence, body image, and self-esteem.

Supporting LGBT People with Cancer: A Practical Guide for Cancer and Other Health Professionals / De Monfort University, Economic & Social Research Council and We are Macmillan. Cancer Support.

Download from: <https://www.dmu.ac.uk/documents/research-documents/health-and-life-sciences/msrc/supporting-lgbt-people-with-cancer.pdf>

This guide provides an overview of challenges specific to LGBT people and acknowledges that coming out as an LGBT cancer patient is a unique experience. Relatable stories are shared through six case studies of people whose lives have been affected by cancer, whether as the patient or grieving partner.

Trans Care Medical Issues: Trans People and Cancer / Vancouver Coastal Health, Transcend Transgender Support & Education Society and Canadian Rainbow Health Coalition.

Download from: https://www.rainbowhealthontario.ca/wp-content/uploads/woocommerce_uploads/2014/08/Cancer.pdf

This publication acknowledges that trans people often have unique health care needs, yet there is a lack of trans-inclusive information. This document explains whether trans people are at increased risk of getting cancer, trans-specific cancer screening recommendations, and more.

Websites

Cancer Facts for Gay and Bisexual Men

<https://www.cancer.org/healthy/find-cancer-early/mens-health/cancer-facts-for-gay-and-bisexual-men.html>

Cancer Facts for Lesbian and Bisexual Women

<http://www.cancer.org/healthy/findcancerearly/womenshealth/cancer-facts-for-lesbians-and-bisexual-women>

These two pages from the American Cancer Society provide an overview of risk factors and highlight the importance of screening and prevention for some of the most common cancers.

Cancer's Margins <http://www.lgbtcancer.ca/>

This arts- and community-based LGBT2Q research project explores sexual and gender diversity, experiences of breast and gynecologic cancer health, support/care, and the ways we locate and share cancer health knowledge.

Get Screened – Canadian Cancer Society

http://convio.cancer.ca/site/PageServer?pagename=SSL_ON_Home&utm_source=VanityURL&utm_content=Cancer.cagetscreened&s_locale=en_CA

Get Screened aims to increase colon, breast and cervical cancer screening rates among lesbian, gay, bisexual, transgender and queer (LGBTQ) communities in Hamilton, Ottawa and Toronto. Find information about colon, breast and cervical cancers, as well as resources and links for more information.

National LGBT Cancer Network <http://www.cancer-network.org>

The National LGBT Cancer Network's mission is to improve the lives of LGBT people with cancer and those at risk. They educate and support the LGBT community, train healthcare providers and advocate for LGBT inclusion in national cancer organizations, research and the media.

The National LGBT Cancer Project <http://lgbtcancer.org/>

The LGBT Cancer Project is dedicated to improving the lives of Lesbian, Gay, Bisexual and Transsexual people diagnosed with cancer. They look to do this through increasing awareness of LGBT cancer issues, developing an LGBT cancer survivor community, developing research on treatment and psycho-social needs, etc.

National LGBT Tobacco Control Network <http://www.lgbttobacco.org>

The LGBT community is 50-200% more likely to be addicted to smoking than the general public. This website is run by LGBT people, for LGBT people. Acknowledging that there is strength in collaboration, the network provides useful strategies to help yourself or someone you love stop smoking.

Rainbow Health Ontario <http://www.rainbowhealthontario.ca>

Funded by the Ministry of Health & Long Term Care, RHO provides information & consultation, education & training, and research & policy.