

# **Pathfinder Series: Lung**

This pathfinder provides information about resources available in the JCC Patient & Family Resource Centre and on the internet.

### Books

100 Questions & Answers about Lung Cancer / Joan H. Schiller

Call Number: 7.15.4 2014

Living with lung cancer can be made easier with information, support, and hope. This book gives you the information and tools you need to be an effective patient and take an active role in your care with answers and information on one hundred commonly asked questions about lung cancer.

Be a survivor: Lung cancer treatment guide / Vladimir Lange

Call number: 7.15.6 2010

Reflecting the combined wisdom of leading medical experts, this book includes clear explanations, colour graphics, lists of questions to ask your healthcare professionals, and testimonials by patients who have been there before. This book aims to help you make informed decisions and communicate effectively with your doctors.

Lung cancer: A guide to diagnosis and treatment / Walter J. Scott

Call number: 7.15.5 2012

Aiming to help readers become informed patients, this is a concise, practical guide to understanding the various tests, procedures, treatments and more surrounding a lung cancer diagnosis.

Lung Cancer: From Diagnosis to Treatment / Walter J. Scott

Call number: 7.15.3 2018

In Lung Cancer: From Diagnosis to Treatment, Dr. Scott helps you understand the process from getting a diagnosis to going through treatment. He explains topics such as: symptoms of lung cancer, diagnostic tests, types and stages of lung cancer, surgical procedures, chemotherapy, radiation therapy, clinical trials, coping with "smoker's guilt" and more. A book to help you become an informed patient!

Understanding lung cancer: An introduction for patients and caregivers / Naheed Ali Call number: 7.15.2 2017

A welcome new resource in the area of information for lung cancer patients and caregivers, this book provides current information that is presented in an accessible and organized fashion. It includes a glossary of terms, comprehensive references and resources for more information.

# **Websites**

# CancerCare - Lungcancer.org

http://www.lungcancer.org/

A US-based site with a good overview of lung cancer in their Lung Cancer 101 section, the site also included current articles, support for patients and loved ones, multimedia such as podcasts on useful topics, online workshops and more.

### Cancer.Net - Lung Cancer

http://www.cancer.net/cancer-types/lung-cancer/overview

Cancer.Net is the patient information site from the American Society of Clinical Oncology, and is one of the leading providers of patient education information on the web. Find an overview of the different types of lung cancer, signs and symptoms that lead to diagnosis and treatment, coping with treatment, living with cancer, questions to ask the doctor, and much more. The site is well organized by section, or users can download the ASCO Answers guide to lung cancer here:

http://www.cancer.net/sites/cancer.net/files/asco\_answers\_guide\_lung.pdf

## Caring Ambassadors Program - Lung Cancer

http://www.lungcancercap.org/

This site has a wealth of detailed, excellent information about lung cancer; types of lung cancer, treatment, coping, supportive care topics, a resource directory of organizations, a monthly newsletter and a great deal more are all included in this well organized and easy-to-navigate website.

#### **Lung Cancer Alliance**

http://www.lungcanceralliance.org/

An American website dedicated to patient support and advocacy for people living with lung cancer, the LCA's comprehensive website provides news and information about lung cancer treatment, support sources, an online and a survivors' community, access to multimedia resources (podcasts) and much more.

#### **Lung Cancer Canada**

http://www.lungcancercanada.ca/

Lots of great resources on this site including education and awareness information, peer support services, interactive media (webcasts) a newsletter and a handbook called "A Patient's Guide to Lung Cancer".

#### The Roy Castle Lung Cancer Foundation

http://www.roycastle.org/

This organization from the UK provides excellent information on lung cancer, treatments, coping, and much more. It includes booklets, fact sheets discussion forums and online videos with information as well as the experiences of patients and family members who have dealt with a lung cancer diagnosis.