

Short Stature

Dear referring Practitioner,

- Please print and complete this page then fax back with the completed referral.
- Please send this completed application only once results for all required investigations are available. Referrals with pending results will not be triaged until results are available.

Consult endocrinology when (please check box that applies to your patient) :

- Child is less than 3rd percentile in height
 Is >2 years of age
 Growth velocity is < 4-5 cm per year

or

- Child has fallen away from their growth curve.

*Note that poor weight gain in the face of normal linear growth is **not** seen in endocrine clinic. Consider a GI referral.*

Investigations required:

- Previous growth parameters chart (height & weight) in WHO/CDC
 Parental heights plotted on growth chart
 Pubertal staging (Tanner staging) for breasts/testicular volume/length and pubic hair
 Bone age X-ray (image to be sent with patient) or report to be sent with referral

Baseline bloodwork report to include:

- CBC
 ESR
 Creatinine
 ALT
 TSH
 Free T4
 Karyotype (female) if available
 Celiac screening if not an additional cost to the family

Triaging Urgency for Short Stature appointment:

- **Elective** *unless other concerns*

We strive to meet the triaging times (below), but please note that times may vary in particular for non-urgent or elective referrals.

Categories for Urgency:

Emergent- contact staff endocrinologist on call (905) 521-5030

Urgent – within 7 days – contact staff endocrinologist on call before sending referral (905) 521-5030

Semi-urgent– 1 to 4 weeks

Non-urgent – 4-16weeks

Elective – Next available