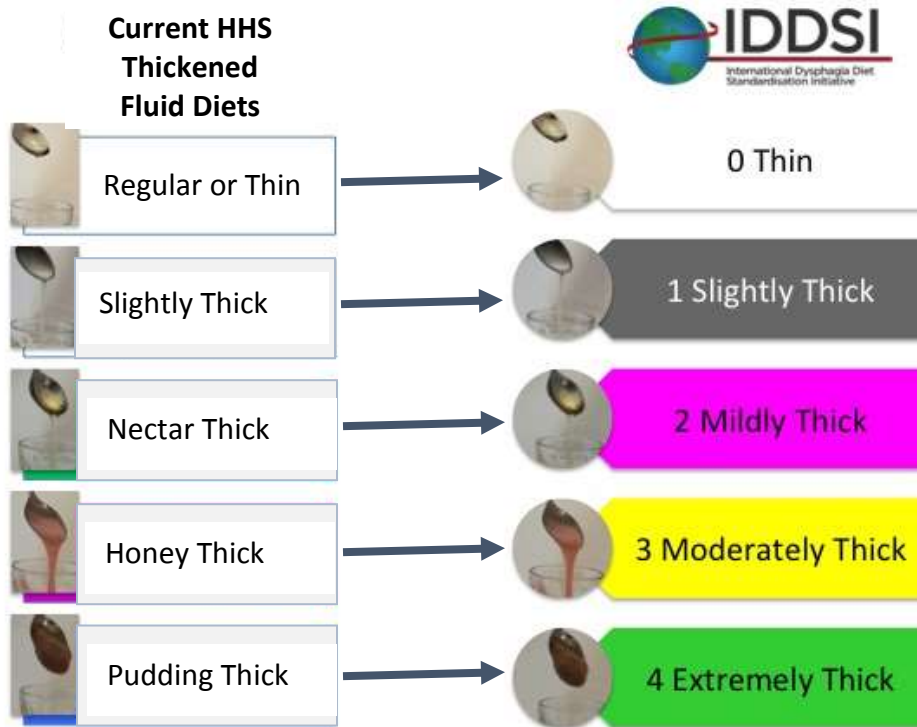


Mapping to IDDSI Dysphagia Diet Language

June 25th, 2019



What is IDDSI?

- The International Dysphagia Diet Standardization Initiative (IDDSI) is a **global standard** with terminology and definitions to describe texture modified foods and thickened liquids. The IDDSI framework consists of a continuum of 8 levels (0-7). IDDSI is used for individuals with **dysphagia** of all ages, in **all care settings**, and for **all cultures**.
- Levels are identified by text labels, numbers, and colour codes to improve safety and identification.
- **JUNE 25TH, 2019** Hamilton Health Sciences will be changing over to this naming convention for all **Thickened Fluid Diets**.
- Meditech will add the IDDSI diet terminology for thickened fluid diets, and will maintain dual language for 6 months. Please note the mnemonic changes below:



- N.B. The default consistency for unspecified thickened fluids will decrease to Mild/Nectar. In Meditech this will read as: UNTIL SPECIFIED – B2MT