Mapping to IDDSI Dysphagia Diet Language
June 25th, 2019

What is IDDSI?
- The International Dysphagia Diet Standardization Initiative (IDDSI) is a global standard with terminology and definitions to describe texture modified foods and thickened liquids. The IDDSI framework consists of a continuum of 8 levels (0-7). IDDSI is used for individuals with dysphagia of all ages, in all care settings, and for all cultures.
- Levels are identified by text labels, numbers, and colour codes to improve safety and identification.
- JUNE 25TH, 2019 Hamilton Health Sciences will be changing over to this naming convention for all Thickened Fluid Diets.
- Meditech will add the IDDSI diet terminology for thickened fluid diets, and will maintain dual language for 6 months. Please note the mnemonic changes below:

- N.B. The default consistency for unspecified thickened fluids will decrease to Mild/Nectar. In Meditech this will read as: UNTIL SPECIFIED – 02MT