

# Medication Information

## Angiotensin Receptor Blockers (ARBs)

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### Other names for this medication

Candesartan – Atacand<sup>®</sup>

Losartan – Hyzaar<sup>®</sup>

Valsartan – Diovan<sup>®</sup>

Olmesartan – Olmetect<sup>®</sup>

Eprosartan – Teveten<sup>®</sup>

Irbesartan - Avapro<sup>®</sup>

Telmisartan - Micardis<sup>®</sup>

There are many other names for this medication.

### How this medication is used

This medication is used to treat high blood pressure and heart failure. It works by relaxing the blood vessels. This allows more blood to go to your heart. The more blood that goes to your heart, the more oxygen the heart gets. This helps the heart work better.

This medication may be used after a heart attack.

This medication may be used to prevent kidney problems caused by diabetes.

## **How to take this medication**

Take this medication exactly as directed by your health care provider. It must be taken regularly, even if you feel well.

If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for the next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time.

Do not take this medication if you are pregnant or planning to get pregnant.

## **While taking this medication you may notice**

- dizziness
- headache

To avoid feeling dizzy, get up slowly when you have been sitting or lying down. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

## **Contact your health care provider if you notice**

- continued dizziness or fainting
- swelling of face, lips and tongue
- skin rash
- signs of jaundice such as yellow eyes, yellow skin or dark urine