

# **Anorectal Manometry Test**

---

Date of procedure: \_\_\_\_\_

Arrival time: \_\_\_\_\_

Time of procedure: \_\_\_\_\_

## **Important**

A business clerk will call to remind you about your procedure at least 2 weeks before the date.

You must confirm the date of your procedure at least 10 days before or your procedure will be cancelled and your referring doctor will be notified.

This can be done during the reminder call or by calling 905-521-2100, ext. 73265.

## **Where to go**

GI Motility Lab (in Endoscopy)  
Room 4X24  
McMaster University Medical Centre  
1200 Main Street West  
Hamilton, Ontario

Phone: 905-521-2100  
Bookings – ext. 73265  
Lab – ext. 76691

When you arrive at the hospital, check in at Patient Registration on the Main floor (2<sup>nd</sup> floor).

Take the yellow elevators to the 4<sup>th</sup> floor. Turn left and follow the hallway to the 4X area on the left. Follow the signs to Endoscopy. Register at the Endoscopy reception desk.

Please bring:

- your health card
- a list of your current medications

## **How long does the procedure take?**

You will be in the Motility Lab for about 45 minutes.

The procedure will take about 15 minutes.

## **What is an Anorectal Motility Test?**

An anorectal manometry test measures the pressure and function of the anal sphincter (your bum).

A small tube with a small balloon on the end will be inserted a couple of inches into your bum. You will be asked to alternatively squeeze, push, and relax the sphincter in your bum. The nurse will then fill the balloon with air, a little at a time, to test sensation in your bum.

If you are referred for constipation, the nurse will do a second test which takes 2 minutes. Another small balloon will be inserted into your bum and you will try to push it out.

## **What are the risks?**

Complications are rare:

- irritation or bleeding of the rectum could occur
- risk of tearing is extremely rare

## **Before you come to the hospital**

Eat or drink as usual.

Take your usual medications.

If you are constipated, or have not had a bowel movement (the day of the procedure), you will need to take a sodium phosphate enema the morning of the procedure.

You can buy this from the pharmacy. Ask your pharmacist to help you find this product.

## **After your procedure**

You will be able to eat and drink normally after the procedure.

You will not receive sedation so will be able to drive yourself home.

If you have any questions, call the Motility Lab  
at 905-521-2100, ext. 76691.