

Medication Information

Baclofen **(Bak – loe – fen)**

Other names for this medication

Lioresal[®]

There are many other names for this medication.

How this medication is used

This medication is used to help relieve spasms, pain and tightness of muscles.

This medication can help people with multiple sclerosis, spinal cord injuries, cerebral palsy and other nerve and muscle conditions.

How to take this medication

Take this medication exactly as directed by your health care provider.

Do not stop taking this medication without checking with your health care provider first.

When it is time to stop taking this medication, your health care provider may slowly decrease the amount of medication. When stopped quickly, this medication can cause seizures, hallucinations and fever.

If you miss a dose of this medication, take it as soon as possible. However, if it is almost time for the next dose, skip the missed dose and go back to your regular time. Do not take 2 doses at one time. Until you know how this medication affects you, do not drive or operate machinery.

While taking this medication you may notice

- constipation
- drowsiness
- nausea, vomiting
- dizziness
- skin rash
- headache

To avoid constipation, eat foods high in fibre, drink 6 to 8 glasses of liquid a day if you are allowed and exercise regularly. Foods high in fibre include whole grain products, vegetables and fruit.

You may need to manage your bowel with a plan that includes a stool softener and stimulant laxative. Talk to your health care provider to make a plan.

To avoid feeling dizzy get up slowly when you have been sitting or lying down. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

Contact your health care provider if you notice

- mood changes
- confusion
- trouble sleeping
- unusual muscle weakness
- extreme tiredness
- blurred vision
- chest pain
- you urinate or pass water more often
- constipation that does not improve