

Using the Bath Transfer Bench

Before you start – place the bath transfer bench in the tub facing taps/faucet. The 2 legs with suction cups should be inside the tub.

Step 1



Back up to the seat, reach back and sit down.

Step 2



Slowly swing one leg at a time over the edge of the tub and in.

Step 3



Slide your buttocks over to the center of the seat.



Pull the shower curtain across and tuck the edge under your buttocks.