

## Going home after a bladder catheterization for adult patients

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- Drink as much fluid as possible for 24 hours after your exam. This will help reduce the risk of having a bladder infection. It is best if you can drink 100% cranberry juice.
- You may notice stinging or urgency when urinating. This is normal and should not last after 24 hours.
- Call your family doctor, go to an Urgent Care Centre or an Emergency Department if:
  - the stinging or urgency lasts for more than 24 hours
  - you are urinating more often than usual
  - you have a fever of 38.3°C or 101°F
- Your urine may look a little pink after the catheterization, but this should not last after 24 hours. This happens because of a small amount of blood in the urine. If this lasts more than 24 hours, please call your doctor, go to an Urgent Care Centre or an Emergency Department.