

Going home after your Bronchoscopy

Today you have had a bronchoscopy. There are a few things you need to watch out for:

Frozen or numb throat

Your throat was frozen with a local anesthetic to reduce your gag reflex. The freezing makes it hard to swallow and to tell hot from cold.

- Do not eat or drink until ______{time}. Before you start to drink or eat try a few sips of water at room temperature.

You may have a hoarse voice or sore throat. This is normal. Once you are able to swallow, lozenges or warm salt water gargles may be helpful.

Sedation Yes No

If you were given sedation do not:

- drive
- drive or ride on a motorcycle
- operate machinery
- drink any alcohol
- make major or legal decisions

for 24 hours after the bronchoscopy.

Bleeding

You may cough up a small amount of blood. This is normal. The amount of blood should decrease over the day.

What to watch for

Call the doctor who did your bronchoscopy, Dr. _____
at _____ or call 905-521-5030 to contact the doctor on-call
or go to the nearest emergency room if you have:

- any face, neck, throat or chest swelling
- chest or stomach discomfort that does not go away or gets worse
- hard time breathing or swallowing
- an increase in the amount of blood you cough up
- fever and chills

Follow-up

- no appointment needed
- yes, the specialist will call you
- yes, call your family doctor for your appointment
- yes, call the specialist for your appointment
- yes, your appointment is with:

Doctor _____

Where _____

Date _____ Time _____

Questions

If you have any questions about your bronchoscopy, call the doctor who did the bronchoscopy.

Special instructions
