

# CT Scan – Chest/Abdomen/Pelvis

Name: \_\_\_\_\_

Patient ID number: \_\_\_\_\_

Appointment Date \_\_\_\_\_ Time \_\_\_\_\_

## Where to go:

- Juravinski Hospital  
Entrance A  
Diagnostic Imaging  
Level 1 – Section B

When you enter the main entrance of the hospital, turn right and follow the signs to Diagnostic Imaging. Please register at the reception desk.

\_\_\_\_\_  
711 Concession Street  
Hamilton ON L8V 1C3

- McMaster University  
Medical Centre  
Diagnostic Imaging  
Yellow Section – Level 2

When you enter the main entrance of the hospital, turn right. At the elevators turn left and go to Diagnostic Imaging. Please register at the reception desk.

\_\_\_\_\_  
1200 Main Street West  
Hamilton ON L8N 3Z5

- Hamilton General Hospital  
Diagnostic Imaging  
Main Lobby – Level 2

When you enter the main entrance of the hospital, turn left at the café and follow the signs down the hall to Diagnostic Imaging. Please register at the reception desk.

\_\_\_\_\_  
237 Barton Street East  
Hamilton ON L8L 2X2

## Please bring:

- your health card with you
- a list of your current medications
- medications that you will need to take during your appointment including insulin and/or diabetic pills
- wear loose comfortable clothes. If possible avoid zippers, belts and wire under garments.

## Appointment change

If you need to cancel your appointment, please call 905-577-1484.

## Day of your CT scan

- ✓ Do not eat any solid food for 4 hours before your procedure. You may have clear fluids such as black tea or coffee, water or apple juice, until your appointment.
- ✓ Take your regular medications with water.
- ✓ Wear loose comfortable clothes. If possible avoid zippers, belts and wire under garments.
- ✓ Once you arrive for your CT scan, you will be given a mixture of water and clear x-ray dye to drink.

## If you have diabetes – day of your CT scan

Do not eat any solid food for 4 hours before your procedure. You may have clear fluids such as black tea or coffee, water or apple juice until your appointment. Adjust your diabetic routine as needed.

If you need to take your diabetes pills or insulin with food while you are at the hospital for your procedure:

- Bring the medication and food with you to the hospital.
- Bring your insulin pen, blood glucose monitor and supplies to the hospital.
- Usually, you will be able to eat and take your diabetes medication, including insulin, within 1 to 4 hours after the procedure is done.

If you have questions about your diabetes' routine, please call your health care provider for your diabetes.