

CT Scan – Colonography

Name: _____

Patient ID number: _____

Appointment Date _____ Time _____

Where to go:

- Juravinski Hospital
Entrance A
Diagnostic Imaging
Level 1 – Section B

When you enter the main entrance of the hospital, turn right and follow the signs to Diagnostic Imaging. Please register at the reception desk.

711 Concession Street
Hamilton ON L8V 1C3

- McMaster University Medical Centre
Diagnostic Imaging
Yellow Section – Level 2

When you enter the main entrance of the hospital, turn right. At the elevators turn left and go to Diagnostic Imaging. Please register at the reception desk.

1200 Main Street West
Hamilton ON L8N 3Z5

Please bring:

- your health card with you
- a list of your current medications
- medications that you will need to take during your appointment including insulin and/or diabetic pills

Appointment change

- If you need to cancel your appointment, please call 905-577-1484.

Before the CT Scan

- Go to your local pharmacy and buy:
 - 1 package (4 tablets) of Dulcolax or Biscodyl
 - 1 box Pico-Salax
- Stop taking any medications with iron 48 hours before your appointment.

Day before CT Scan

- You may eat a normal breakfast. For the rest of the day, you may have only clear fluids such as water, apple juice, black tea or coffee. **Do not eat or drink after midnight.**

At 3pm	Take the 4 Dulcolax tablets
At 5pm	Take the first packet of Pico-Salax. Follow the instructions on the package. Remain close to a toilet. You will have frequent diarrhea type bowel movements.
At 9pm	Take the second packet of Pico-salax. Follow the instructions on the package. Remain close to a toilet.

Day of your CT Scan

- If you take medications with iron, do not take them
- Take your other regular medications with a sip of water.
- Wear loose comfortable clothes. If possible avoid zippers, belts and wire under garments.
- Once you arrive for your CT scan, you will be given a mixture of water and clear x-ray dye to drink. About 2 hours later, you will have your CT scan. Once the scan is done, you may return to your normal diet.

If you take medication for diabetes

Day before CT Scan

You may eat a normal breakfast. For the rest of the day, you may have only clear fluids such as water, apple juice, black tea or coffee. **Do not eat or drink after midnight.** Adjust your diabetic routine as needed.

At 3pm	Take the 4 Dulcolax tablets
At 5pm	Take the first packet of Pico-Salax. Follow the instructions on the package. Remain close to a toilet. You will have frequent diarrhea type bowel movements.
At 9pm	Take the second packet of Pico-salax. Follow the instructions on the package. Remain close to a toilet.

Day of your CT Scan

- If you take medications with iron, do not take them
- Take your other regular medications with a sip of water.
- Wear loose comfortable clothes. If possible avoid zippers, belts and wire under garments.
- Once you arrive for your CT scan, you will be given a mixture of water and clear x-ray dye to drink. About 2 hours later, you will have your CT scan. Once the scan is done, you may return to your normal diet.

Check your blood sugar

Check your blood sugar the morning of your procedure. If you have a low blood sugar, treat it as you normally would, and let the staff know when you arrive for your procedure, **otherwise do not have anything to eat or drink.**

If you need to take your diabetes pills or insulin with food while you are at the hospital for your procedure:

- Bring the medication and food with you to the hospital.
- Bring your insulin pen, blood glucose monitor and supplies to the hospital.
- Usually, you will be able to eat and take your diabetes medication including insulin within 1 to 4 hours after the procedure is done.

If you have questions about your diabetes' routine, please call your health care provider for your diabetes.