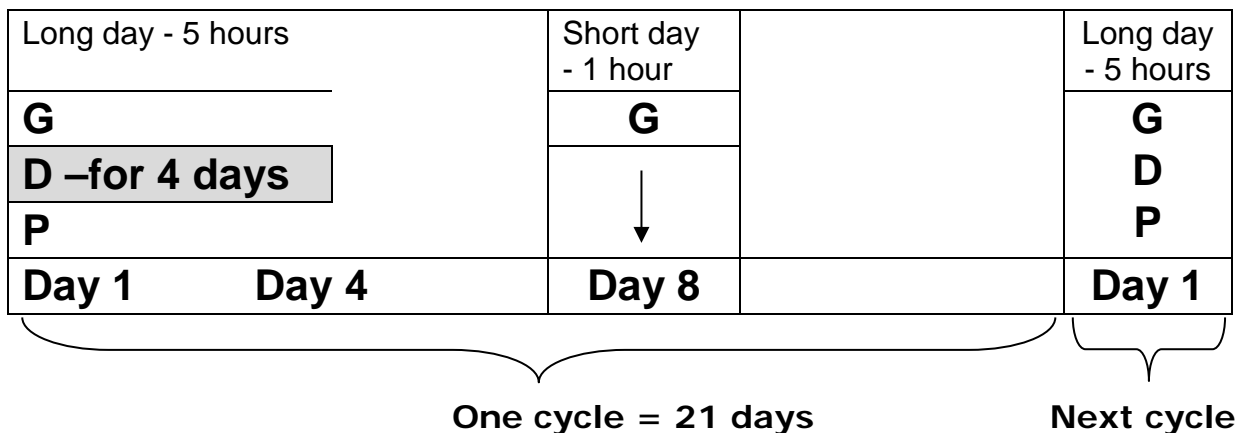


Hodgkin's Lymphoma Chemotherapy - GDP

Drug	How drug is given	Day drug is given
Gemcitabine	IV	Day 1 IV over 1 hour plus 4 hours of IV fluids Day 8 IV over 1 hour
Dexamethasone	pills	1, 2, 3, 4
P --- Cisplatin	IV	1

You will receive 2 to 3 cycles of GDP. Each cycle is 21 days.
Your chemotherapy schedule may be delayed because of side effects.



Possible side effects

- Nausea and vomiting, take anti-nausea medications as directed
- Hair loss within 21 days
- Ringing in ears
- Low blood counts which leads to infection, fatigue and bleeding
- Constipation
- Numbness and tingling in fingers and toes

Chemotherapy – What you need to know

There will be a decrease in your blood cells. These include white blood cells, red blood cells, hemoglobin and platelets.

- **Call if any side effects seem unexpected or extreme.**

Contact information

Primary Team:

- Doctor: _____
 - Nurse: _____
- } Phone : _____
- Pharmacy: _____
 - Phone: _____ Fax: _____

You will need a digital thermometer.
You can buy one at most drug stores.



If you have any of these signs of an infection call your primary doctor/nurse care team right away:



- A temperature of 38°C or 100°F or more.
This is a fever. **Do not take Tylenol, Aspirin, ibuprofen or anti-inflammatory medications without checking with your team first.** They may cause bleeding and may hide a fever. Call if you need medication for pain.
- A cough productive of coloured phlegm or sputum.
- Red inflamed skin.
- Diarrhea that does not go away.
- Increased shortness of breath.
- Pain or burning with urination.
- Sore throat.
- Watch for signs of shingles: pain, blisters or a skin rash that may look like chicken pox.

What to watch for:

- Unusual bleeding. Call us right away.
- Constipation. Use your laxatives as needed. Do not use a suppository or enema.
- Numbness and tingling in your fingers and toes.
- Increased thirst, voiding (peeing) more often, or an increase in blood sugar.
- Increase swelling of the feet, legs, arms and hands. Voiding less.

We encourage you to:

- Attend the chemotherapy class and read the chemotherapy book.
- Eat and drink well (at least 2 liters of non-caffeinated fluids a day).
- Practice good hygiene.
- Practice good mouth care.
- Avoid alcohol while taking dexamethasone.
- Take dexamethasone with food.

Possible severe or long term side effects

- Potential of some hearing loss.
- Bone thinning/weakening.
- Potential future bone marrow damage.
- Potential infertility.

Record your experience with each cycle

Cycle	Date	Notes
1		
2		
3		



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