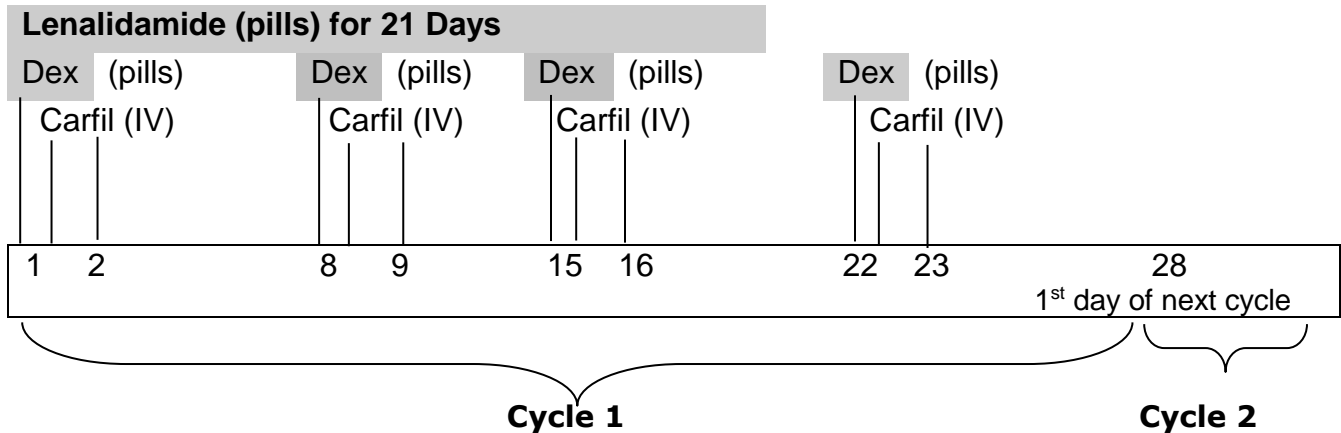


Carfilzomib, Lenalidamide, Dexamethasone (KRD)

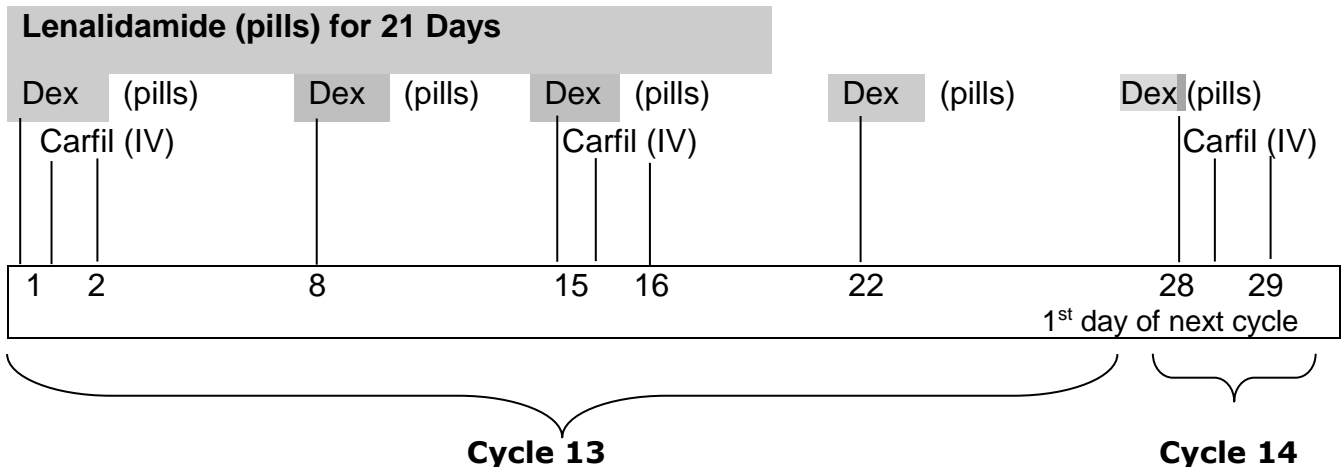
Drug	How drug is given	Day drug is given
Carfilzomib (Kyprolis)	IV	Day 1, 2, 8, 9, 15,16 Cycles 1 to 12
		Day 1 each cycle 13 to 18
Lenalidamide (Revlimid)	Pills	Days 1 to 21
Dexamethasone	Pills	1 day every week

1 cycle is 4 weeks.

Cycles 1 to 12



Cycles 13 to 18



Possible side effects

- Diarrhea
- Allergic reaction (fever, itchiness, rash, swollen lips, face or tongue, chest or throat tightness) with IV infusion
- Difficulty sleeping
- Cough and or shortness of breath
- Low blood counts which leads to infection, fatigue and bleeding
- Constipation
- Numbness and tingling in fingers and toes
- Headache, mild joint, muscle pain an cramps
- Mild swelling in arms or legs

Chemotherapy – What you need to know

There will be a decrease in your blood cells. These include white blood cells, red blood cells, hemoglobin and platelets.

- **Call if any side effects seem unexpected or extreme.**

Contact information

Primary Team:

- Doctor: _____
- Nurse: _____ } Phone: _____
- Pharmacy: _____
- Phone: _____ Fax: _____

You will need a digital thermometer.
You can buy one at most drug stores.



If you have any of these signs of an infection call your primary doctor/nurse care team right away:



- A temperature of 38°C or 100°F or more. This is a fever. **Do not take Tylenol, Aspirin, ibuprofen or anti-inflammatory medications without checking with your team first.** They may cause bleeding or may hide a fever. Call if you need medication for pain.
- A cough productive of coloured phlegm or sputum.
- Red inflamed skin.
- Diarrhea that does not go away.
- Increased shortness of breath.
- Pain or burning with urination.
- Sore throat.
- Watch for signs of shingles: pain, blisters or a skin rash that may look like chicken pox.

What to watch for:

- Unusual bleeding. Call us right away.
- Constipation. Use your laxatives as needed. Do not use a suppository or enema.
- Increased thirst, voiding (peeing) more often, or an increase in blood sugar.
- Increase swelling of the feet, legs, arms and hands. Voiding less.

We encourage you to:

- Attend the chemotherapy class and read the chemotherapy book.
- Eat and drink well (at least 2 liters of non-caffeinated beverages a day).
- Practice good hygiene.
- Practice good mouth care.
- Avoid alcohol while taking Dexamethasone.
- Take Dexamethasone with food.
- You will be on an antiviral medication during your treatment and 6 months after your treatment has ended.

Possible severe or long term side effects

- Heart damage
- Bone thinning/weakening
- Potential future bone marrow damage
- Infertility

Record your experience with each cycle

Cycle	Date	Notes
1		
2		
3		
4		
5		
6		
7		
8		



Juravinski Cancer Centre
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