

Pediatric Diabetes Team

Child Life or Social Work Yearly Appointments

The Pediatric Diabetes Team is made up of many different health care professionals. Our goal is to provide the best diabetes care possible. To achieve this goal, Diabetes Canada recommends that children with diabetes and their families meet with each health care professional on the diabetes team at least once a year.

You will be scheduled with either the Child Life Specialist (if your child is 0 to 11 years old) or the Social Worker (if your child is 12 to 18 years old) once a year as part of your diabetes clinic visits. This will be part of your regular 3-month follow up appointment. No additional appointments are needed.

What you can expect from this visit:

- Hemoglobin A1C
- Height and weight
- Review of current diabetes management routines
- Discussion about strengths and challenges with diabetes management
- Discussion about your family, school, friends and activities
- Discussion about mood, worries and general coping
- Discussion about any concerns you and your family have about coping and overall mental health
- Discussion about helpful resources and supports
- A brief meeting with your doctor

If you have any questions about these visits, please speak with any member of the diabetes team. We look forward to continued involvement in your diabetes care.