

What to expect when your child comes off treatment

When treatment is finished	<p>Your primary oncologist will continue to see you for the first 3 months after finishing treatment.</p> <p>During this time, your primary team will discuss your child's follow-up plan with you, including when your child needs to have tests or scans.</p>
Off Therapy Clinic visits	<p>Your clinic nurse will give you a schedule of your 'off therapy' clinic visits, blood tests and scans.</p> <p>After the first 3 months, your child will be transferred to the Off Therapy Clinic. In this clinic, Nurse Practitioners provide follow up care with Dr. Portwine as the Medical Director. The clinic runs on Thursday afternoons.</p> <p>It is important to review all test results. Please schedule a follow up appointment 2 to 3 weeks after any scans or tests.</p> <p>Off Therapy Clinic appointments need to be scheduled in advance. You may make these appointments with the business clerk. Please let the business clerk know if the appointment is your first one at the Off Therapy Clinic.</p> <p>Please make appointments with the business clerk for Team 4 or call 905-521-2100, ext. 73887.</p> <p>When your child finishes Off Therapy Clinic visits, he or she will be transferred to the AfterCare Program.</p>
Port flushes	<p>Your child's port should be flushed at the clinic every 4 to 6 weeks.</p> <p>You can make a morning appointment if your child only needs a port flush. If your child also needs to see the doctor, the appointment will be Thursday afternoon.</p>

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Port removal	<p>The request to remove the port is usually sent to the Surgical Team after the first 3 months off therapy.</p> <p>The surgical team will schedule appointments for your child's pre-op visit and port removal.</p>
Preventing infection	<p>To protect your child from infection, he or she will continue to take antibiotics (usually dapsone or Septra) for 6 months (until _____).</p> <p>Please discuss upcoming dental procedures with your health care team.</p> <p>Your child needs to be protected from chicken pox for 6 months after therapy (until _____).</p> <p>Please call the clinic if your child is exposed to someone with chickenpox during this time.</p>
Nutrition	<p>Healthy eating is key to your child's well-being. If you have any concerns, we can arrange for you to meet with our oncology dietitian.</p>
Physical activity	<p>Being active is important for your child's health and well-being.</p> <p>If your child is having difficulty with physical activity, we can refer you to the Exercise and Medicine Teams.</p>
Family doctor care	<p>When your child's blood counts return to normal, your family doctor can resume routine care for your child.</p>
Immunizations (vaccines)	<p>When your child comes off treatment, he or she should not have any immunizations for 6 months (until _____).</p> <p>At that time, your child will have blood tests to check the levels (titers) of common vaccines. The results will show what immunizations your child needs. Then, we will give you and your family doctor the recommendations for the required immunizations for your child.</p>