

Clear fluids before surgery

- chicken broth or consommé soup
- fruit juice with no pulp, such as apple or cranberry juice
- sports drinks
- clear gelatin desserts
- pop
- popsicles that do not have bits of fruit, fruit pulp or yogurt in them
- black tea or coffee, sugar is okay (no milk, cream or soy products)
- water
- no alcohol

Special instructions
