

Contact Precautions

STOP



Contact Precautions are used when your child has germs that can be spread by contact or touch. Touch can be direct or indirect.

Direct touch includes:

- hugging your child
- changing your child's diaper
- breastfeeding your child



Direct

Indirect touch includes:

- Touching anything in your child's immediate area, including bedding, furniture, toys and equipment



Indirect

To protect yourself and others:

- ✓ Wash your hands before and after caring for your child.
- ✓ Wear a gown when in direct contact with your child.
- ✓ Wear gloves when doing direct care for your child.
- ✓ When sharing a room with another patient, keep the curtain between the beds closed. This acts as a barrier between patients.



Can't leave your room? We will come to you!

The following is a list of items and activities that we would be happy to provide for your room.

** Please note that some items may not be available at all times*

- | | | |
|---|---|--|
| <input type="checkbox"/> Handheld infant toys | <input type="checkbox"/> Cars and trucks | <input type="checkbox"/> Teen colouring |
| <input type="checkbox"/> Music and light toys | <input type="checkbox"/> Toy people and animals | <input type="checkbox"/> Teen crafts |
| <input type="checkbox"/> Crib aquarium/mobile | <input type="checkbox"/> Imaginative toy sets | <input type="checkbox"/> Playing cards |
| <input type="checkbox"/> Floor play mats | <input type="checkbox"/> Building toys (i.e. Lego, blocks, K'nex) | <input type="checkbox"/> Video game system |
| <input type="checkbox"/> Infant bouncy chair | <input type="checkbox"/> Colouring | <input type="checkbox"/> Portable DVD player |
| <input type="checkbox"/> Exersaucer | <input type="checkbox"/> Crafts | <input type="checkbox"/> Movies |
| <input type="checkbox"/> Bubbles | <input type="checkbox"/> Board games | |
| | <input type="checkbox"/> Puzzles | |
| | <input type="checkbox"/> Play dough | |
| | <input type="checkbox"/> Books | |

My favourite activities are: _____