

Corneal abrasion

In the Emergency Department or Urgent Care Centre, you were diagnosed with a corneal abrasion. This is a scratch on the clear front surface of the eye. It can take up to 5 days for the scratch to heal.

To make sure your scratch heals well:

- ✓ Do not rub your eye.
- ✓ Do not wear contact lenses while your eye is healing or while you are using antibiotic eye drops.
- ✓ If you are given eye cream or drops, take them as your doctor has prescribed. Your sight could be unclear for minutes after using them and they may sting a bit.

To help manage your pain, you can use Acetaminophen (Tylenol®) or Ibuprofen (Advil® or Motrin®).

When should I get medical help?

Call your health care provider if you have any of these problems:

- your eye becomes more painful after 1 to 2 days
- discharge or pus is draining from your eye
- changes in your vision or your eyes become more sensitive to light

If you have any questions or concerns, please call your health care provider.

You need to have your eye rechecked on _____