

## **Information for patients**

# **Cryo Surgery of the Cervix**

---

### **You may notice:**

- A fairly heavy watery discharge with some odour. The discharge may last 2 to 3 weeks.
- A small amount of bright bleeding.
- Cramps somewhat like menstrual cramps. Mild cramping for 1 to 2 days is normal and can be relieved by medications such as Tylenol® or Ibuprofen®. Do not take aspirin.

### **Call the Colposcopy Clinic at 905-574-8488 if you have:**

- bright red bleeding heavier than a normal period (soaking a maxi-pad in less than 2 hours)
- severe cramps or pain
- fever

**If you are bleeding heavily and cannot reach the clinic,  
call 905-521-2100, press “0” for operator assistance and ask  
for the gynecologist on-call.**

---

## Helping yourself heal ...

- Your cervix and vagina need about 2 weeks to heal completely.
- **Do not put anything into your vagina for 3 weeks after your surgery.**

This means:

- no tampons
- no douching
- no sexual intercourse
- You may have a bath or shower.

**If you have any questions or concerns, call the Colposcopy Clinic:**  
Juravinski Hospital at 905-574-8488.