



# Diagnostic Imaging

## Interventional procedures

- pancreatic, colon and stomach biopsies
- feeding tube insertion

Name: \_\_\_\_\_

Patient ID number: \_\_\_\_\_

### Your procedure is in the Diagnostic Imaging (DI) Department:

- Colon biopsy
- Pancreatic biopsy
- Stomach biopsy
- Gastrostomy tube insertion (feeding tube)
- Gastrojejunostomy tube insertion (feeding tube)
- Jejunostomy tube insertion (feeding tube)

Date \_\_\_\_\_ Time \_\_\_\_\_

### Please bring:

- your health card with you
- a list of your current medications
- **medications that you will need to take during your appointment**

### Where to go:

Juravinski Hospital  
Entrance A  
Go to Patient Registration  
– Level 1

Diagnostic Imaging is on  
Level 1 – Section B

\_\_\_\_\_  
711 Concession Street  
Hamilton ON L8V 1C3

McMaster University  
Medical Centre  
Diagnostic Imaging  
Yellow Section – Level 2

If you are to go to Same  
Day Surgery, stop by  
Patient Registration on  
Level 2 (lobby) to get  
your paper work

\_\_\_\_\_  
1200 Main Street West  
Hamilton ON L8N 3Z5

Hamilton General Hospital  
Diagnostic Imaging  
Main Lobby – Level 2

\_\_\_\_\_  
237 Barton Street East  
Hamilton ON L8L 2X2

---

**Note: McMaster does procedures for both adults and children.**

## About the procedure

- You may receive conscious sedation. This is medication given through a vein (IV) that will make you more relaxed.
- The procedure takes about 1 to 1½ hours.
- You will need to come to Diagnostic Imaging at least 1 hour before your procedure starts. Staff will complete your preparation for the procedure during this time.
- After the procedure you will either go to Diagnostic Imaging recovery area or to Same Day Surgery to recover.
- You will need to stay for about 2 to 4 hours after the procedure for observation.
- You will need someone to take you home from the hospital. You cannot drive for 24 hours.

If you have sleep apnea and need CPAP or Bipap, please call the Diagnostic Imaging Department at the Juravinski Hospital 905-521-2100, ext. 42247 as soon as possible.

## Interventional Radiology Team

Interventional Radiology (IR) is done by a team. The IR team includes:

- Interventional Radiologists (doctors with specialized training)
- Medical Radiation Technologists (MRT's)
- Registered Nurses (RN's)
- Registered Practical Nurses (RPN's)

## Medications before your procedure

You may take your routine medications with a sip of water, unless your doctor has said not to.

### Pain and anti-inflammatory medications

- If you take ASA (81) low dose aspirin, do not stop taking it.
- All anti-inflammatory medications such as Ibuprofen, Advil, Motrin or Aleve should be stopped 1 week before your procedure. These medications may increase your risk of bleeding.
- You may take acetaminophen (Tylenol).
- Please speak with your pharmacist or doctor if you have any questions about your medications.

### **Blood thinners (anticoagulants)**

- If you are on blood thinner medication such as ASA 325 mg (high dose), heparin, warfarin (Coumadin), for any reason, please contact your clinic doctor or nurse who prescribed the medication. This may be the Thrombosis Clinic or your family doctor. You will be instructed when to stop taking your blood thinners before your procedure. You may need to take another type of blood thinner before the procedure. You may need to be seen in the Thrombosis Clinic. If this is not arranged before your procedure, your procedure could be delayed or cancelled.
- Blood work will need to be done before your procedure if you are on blood thinners.
- You may need to go to a lab to have blood work done. The labs in the hospital will not accept a requisition for blood work from your family doctor.

### **The night before your procedure**

- **Do not have anything to eat or drink after midnight.**
- **You may take your regular medications with sips of water, unless you were told not to.**

### **If you have diabetes: Check your blood sugar**

Check your blood sugar the morning of your procedure. If you are on insulin, take only half of your regular dose since you have not had anything to eat or drink.

If you have a low blood sugar, treat it as you normally would. Then let the staff know when you arrive for your procedure. Your blood sugar will be checked again before the procedure.

If your normal time to take your insulin or pills is while you are at the hospital for your procedure:

- Bring the medication and food with you to the hospital.
- Bring your insulin pen, blood glucose monitor and supplies to the hospital.

Usually you will be able to eat and take your diabetes medication including insulin 1 to 4 hours after your procedure is done.

### **To cancel your appointment, please call:**

- Juravinski Hospital: 905-521-2100, ext. 42247
- McMaster University Medical Centre: 905-521-2100, ext. 75251
- Hamilton General Hospital: 905-521-2100, ext. 46514