

Decadron Tapering Instructions

Present dose: _____ (_____ pills) _____ times per day.

Starting _____, decrease dose to _____ pill _____ times
a day for 1 week, then

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a day for 1 week, then

Starting _____, decrease dose to _____ pill _____ times
a day for 1 week, then

Starting _____, decrease dose to _____ pill _____ times
a day for 1 week, then

Starting _____, decrease dose to _____ pill every other
day for 1 week, then stop.

If during the taper there is any increase in symptoms such as headache, nausea, vomiting or drowsiness, go back to the last dose of Decadron and call your cancer doctor.

During your taper, you should see your family doctor once a week to have your blood sugar checked and you should continue to use your stomach medication _____.