

# My Diabetes Plan (Baseline Doses) –On Insulin Pump

For office use only:

- Copy to patient
- Copy for pump start
- Copy for Managing Type 1 Diabetes On Insulin Pump Class

Name: \_\_\_\_\_

	Bolus Insulin (Take insulin 5 to 10 minutes before eating)						
	B	am	L	pm	D	Bed	Total
Carbohydrate goal (g)							
Insulin to carbohydrate ratio (unit per g)							
Baseline meal dose (units)							

Basal Rates (Total units per day _____)	
Time of Day	Units per Hour
12:00 am	_____ u/h
_____	_____ u/h
_____	_____ u/h
_____	_____ u/h
_____	_____ u/h

**Insulin Action Time: 4 hours**

**Correction Factor: 1 unit of bolus insulin will lower blood sugar by \_\_\_\_\_ mmol/L**

**Target blood sugar before your meal: \_\_\_\_\_ mmol/L**

**Summary:**

**Bolus: \_\_\_\_\_**  
**+**  
**Basal: \_\_\_\_\_**

**= Total Daily Dose (TDD)**  
**\_\_\_\_\_ units**