

## Care plan for healing diaper rash

**When the skin is RED, but not broken (open or bleeding)  
a barrier cream will protect your child's skin as it heals**

### How to apply Critic Aid barrier cream:

1. Clean skin with warm water and soap. Do not use baby wipes.
2. Pat dry.
3. Apply a very thin layer of Critic Aid cream. It works best to put a tiny amount (smaller than a pea) on your hands and rub them together. Then, pat the cream onto your child's skin. The cream will be clear. You should only see a shine on the skin (no cloudiness or clumps).
4. Each diaper change, gently wipe away soiled cream and re-apply.

### Once a day:

- Ask your nurse to check your child's skin. The nurse will make a note in your child's medical record to track how well the skin is healing.

### Tell your nurse if you notice:



- Broken skin (open or bleeding). The nurse will give you a care plan to heal broken skin.
- Small red bumps that spread into the skin folds or beyond the rest of the diaper rash. This may be a yeast infection that needs to be treated.

PD 9592 – 04/2017  
dpc/pted/CH/DiaperRashUnbroken-lw.docx  
dt/April 21, 2017

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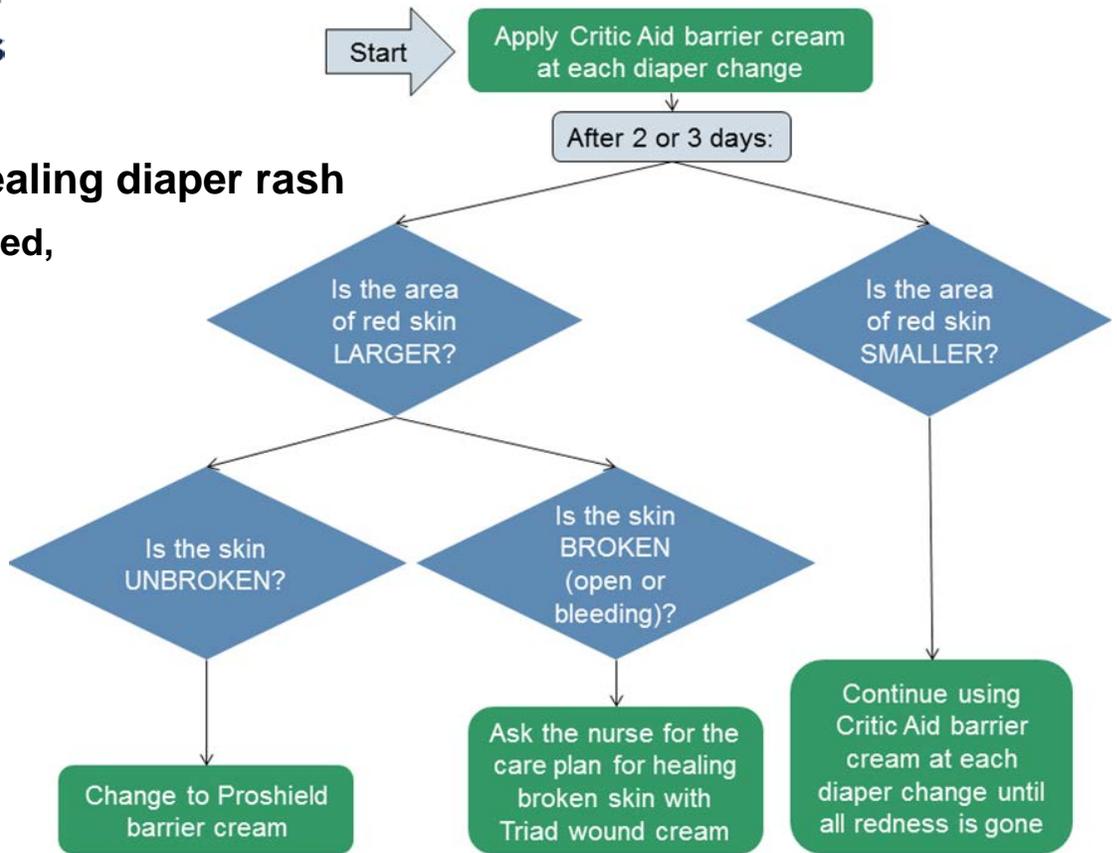
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Turn page over for  
detailed instructions



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