

# Medication Information

## Metolazone

(Me – tol – a – zone)

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### Other names for this medication

Zaroxolyn<sup>®</sup>

### How this medication is used

This medication helps your body get rid of extra water by making more urine. It is sometimes called a water or fluid pill.

### How to take this medication

Take this medication exactly as directed by your doctor or health care provider.

If you miss a dose, take it as soon as possible. However, if it is almost time for your next dose, skip the missed dose and go back to your regular time.

As your body gets rid of extra water, you may lose potassium. You may need to eat food high in potassium such as bananas and oranges. You may also need a potassium medication. Your doctor or health care provider will decide this.

If you are pregnant or thinking about getting pregnant, talk to your doctor about the risks and benefits of taking this medication.

## **While taking this medication you may notice**

- you urinate or pee more often and in larger amounts
- you feel dizzy
- your skin and eyes are more sensitive to sunlight

To avoid feeling dizzy, get up slowly when you have been sitting or lying down. If you feel dizzy, sit or lie down until you no longer feel dizzy, then get up slowly.

If your skin and eyes become more sensitive to sunlight avoid direct sunlight. While in the sun, wear sunscreen and sunglasses that block ultraviolet (UV) light, a hat and clothing that covers your skin.

## **Contact your doctor or health care provider if you notice**

- skin rash
- unusual bleeding or bruising
- severe muscle cramps or weakness
- sudden joint pain
- unusual thirst

**Contact your pharmacist if you have any questions about your medication.**