

Medication Information Card

Nitroglycerin – Pumpspray (Nye – troe – gli – ser – in)

Other names for this medication

Nitrolingual[®] Pumpspray

How this medication is used

This medication is used to reduce chest pain due to angina. It works by relaxing the blood vessels.

How to take this medication

Take this medication exactly as directed by your doctor or health care provider. Take this medication if you are having chest pain.

Do not take this medication if you take medication for erectile dysfunction such as Viagra[®], Levitra[®] or Cialis[®].

Follow these steps

1. Do not shake the container. Hold the container in an upright position. Remove the plastic cover.
2. The first time you use the container, get the medication ready to use. Press the top 3 times and spray the medication into the air. If you do not use the container for 2 weeks do this again. This is called priming the pump.
3. Open your mouth. Bring the container close to your mouth.
4. Press down firmly to release the spray on or under your tongue. Close your mouth. Do not inhale the spray.

please turn over →

Follow these steps (continued)

5. If your chest pain is not better in 5 minutes, you need a second spray. Repeat the steps.
6. If your chest pain does not get better after you have used the spray 3 times in 15 minutes, get emergency help.

While taking this medication you may notice

- dizziness
- headache
- flushing of face or neck

This medication can make you dizzy. Before taking this medication, find a place close by to sit down. Take some time to rest before getting up. Get up slowly. If you feel dizzy, sit or lie down until you are no longer dizzy, then get up slowly.

Do not eat, drink or smoke for at least 10 minutes after using this medication.

Contact your doctor or health care provider if you notice

- severe pounding headache
- fainting
- blurred vision
- skin rash
- trouble breathing
- fast heartbeat

To prevent fainting, avoid standing for long periods of time and exercising in hot weather.

Caution:

Do not puncture, break or put the container near extreme heat.

Store at 15°C to 25°C or 59°F to 77°F.