

# Care after insertion of the Duodopa PEG-J

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## During the 1st week after the insertion

1. Continue to take your Parkinson's medication after the procedure as prescribed. Take your other medications also as prescribed.
  2. If you are on a blood thinner, you can restart it in \_\_\_\_\_ days.
  3. Tube care instructions:
    - **Do not** shower for 3 days after the procedure.
    - Dressing should remain in place for the first 3 days (72 hours).
    - **Flush both ports** 2 times a day (morning and evening) with 20 mls (1 tbsp, plus 1 teaspoon) of room temperature water. **Do not remove dressing for 72 hours.**
    - On \_\_\_\_\_ the dressing can be removed and if needed, put on a new one.
    - Put a gauze dressing lightly taped on two sides on top of the stoma (the wound in your abdomen where the tube exits). Keep using a dressing until the stoma is dry and will keep your clothes clean. Avoid a tight dressing as air flow helps the wound heal and prevents infection.
    - After washing your hands with soap and water, untape the triangular retention plate and clean the wound daily for the first 7 days with chlorhexidine. You can buy this at the local drug store.
    - After cleaning, push the tube in 2 centimetres (or 1 inch) and gently pull back until you feel resistance. Repeat this movement several times to make sure that the tube does not stick to the inside of your stomach. **Do not twist the tube.**
    - Retape the triangular retention plate so that the skin is at the level of \_\_\_\_\_ based on the numbered markings on the tube. After taping the tube down, the tube should still be able to move in and out by 1 centimetre (or ½ inch) otherwise, it is too tight. To avoid irritation of the skin, avoid taping over the same patch of skin each time. In addition, use a soft, cloth, surgical tape such as 3M Medipore™.
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## Tube care after 1<sup>st</sup> week

### After 3 days ( 72 hours)

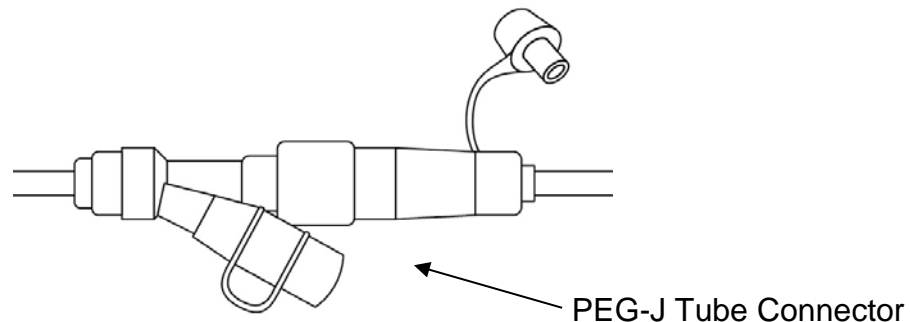
Starting on: \_\_\_\_\_

### Do every 2 to 3 days:

- Check the connectors and screw in order to make sure are they are tight before you begin.
- Untape the triangular retention plate and clean the stoma using a soft, clean, wash cloth, and mild soap and water. Rinse well with water and pat dry.
- After cleaning, push the tube in 2 centimetres (1 inch) and gently pull back until you feel resistance. Repeat this movement several times to ensure that the tube does not stick to the inside of your stomach. Do not twist the tube.
- Retape the triangular retention plate so that the skin is at the level of \_\_\_\_\_ based on the numbered markings on the tube. After taping the triangular retention plate, the tube should still be able to move in and out by 1 centimetre (1/2 inch), otherwise it is too tight. Use a soft cloth and surgical tape such as 3M Medipore™.

**Do not cover the tube with gauze or any other dressing.  
Air flow helps to prevent an infection around the tube site.**

- **Continue to flush** both ports 2 times a day using 20 mls (1 tbsp, plus 1 teaspoon) of room temperature water each time.



## Titration

You will have your Duodopa titrated or adjusted for up to 3 days. The nurse who works with Dr. Connolly will contact you and let you know when this will happen.

If you live outside of Hamilton, you will need to make travel plans and/or find accommodations for the duration of titration (up to 3 days), as well as provide your own meals for those days.

## Important

- Use your PEG-J **only** for **Duodopa** medication. **Do not** use it for any other medications or tube feeding products.
- Check your tube daily for these signs of infection:
  - fever (temperature greater than 38.0°C or 100°F)
  - thick, cloudy, foul smelling discharge
  - stoma hurts more than usual
  - stoma is hot, swollen, or redness extends beyond 1 to 2 centimetres (1/2 to 1 inch) of the stoma
  - blood around the stoma

Call your doctor right away if you notice any of the above signs, or if you have blood in your stool or unusual weakness.

**If your doctor is not available, go to an Urgent Care Centre.**



**Call 911 right away if your tube falls out completely.**

## Contact information

Gastroenterologists, Hamilton Health Sciences

Dr. Lumb

Dr. Tse

Duodopa Nurse, Hamilton General Hospital

905-521-2100, ext. 46790

(non-urgent messages only)