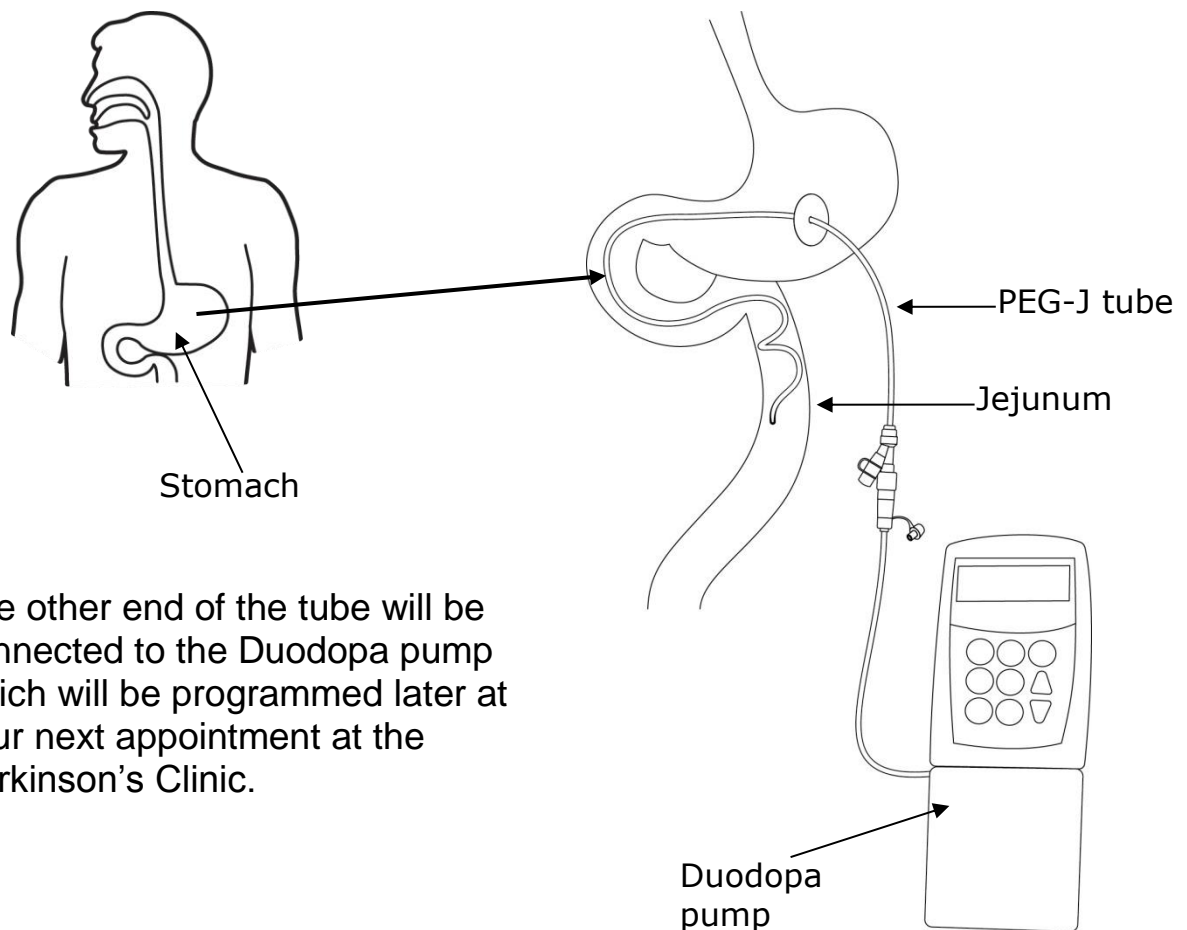


Getting ready for PEG-J tube insertion for Duodopa

You need to have a Percutaneous Endoscopic Gastrostomy (PEG) to deliver your Duodopa treatment.

This procedure involves inserting a PEG tube through your abdominal wall into your stomach. A smaller tube (the jejunum tube or J-tube) is guided through it to deliver the medication directly into the small intestine, also called the jejunum.



The other end of the tube will be connected to the Duodopa pump which will be programmed later at your next appointment at the Parkinson's Clinic.

What are the risks?

The risks vary with each person and are related to your health condition. Your doctor will explain your risks to you before your procedure. You will need to sign a consent form that states you understand what these procedures involve. Ask your doctor any questions you may have at this time.

Day of your procedure

Do not eat or drink for 3 hours before your procedure.

Medications

Take your usual medications as well as your Parkinson's medication with sips of water on the day of the procedure.

Your doctor may not want you to take blood thinners or diabetes medications, and will discuss this with you at an appointment before your procedure.

Bring to the hospital

- Your Ontario Health Insurance Plan (OHIP) card.
- All of your current medications (including vitamins or supplements) in their original containers.
- A list of your allergies.

Leave money, credit cards, jewellery and valuables at home.

Arriving at the ...

- Hamilton General Hospital** – When you arrive at the Hamilton General Hospital, go to **Patient Registration** on the Main Level.
After you have registered, go to the **Endoscopy Unit** on the Main Level.
- Juravinski Hospital** – When you arrive at the Juravinski Hospital, go to **Patient Registration** on the Main Level.
After you have registered, go to the **Endoscopy Unit** in Section B, 3rd floor.

During your procedure

The procedure takes about 30 to 45 minutes.

An intravenous line (IV) will be started to give medication to make you drowsy and more comfortable. You will be awake and cooperative.

A nurse will be in the room and your blood pressure, heart rate and oxygen will be watched. Air is put through the tubes, so the doctor can see clearly. This will not affect your breathing. You may feel cramping or fullness.

The PEG-J tube will be inserted and a dressing will be applied to the stoma site. You will not feel discomfort.

After the procedure

You will stay in the recovery area until you are awake and ready to go home.

You will be taught how to care for yourself and the PEG-J tube when you get home and given written instructions.

You will be shown how to flush the tube and given the supplies needed to flush your PEG-J tube. The Hamilton Niagara Haldimand Brant Local Health Integrated Network (HNHB LHIN), formerly CCAC, will arrange care to help you at home.

When you arrive home, rest for the remainder of the day. You may have minor bloating or cramping, but these should go away within 24 hours.

Arrange a ride home

Plan to be at the hospital for about 2 to 3 hours.

You must have an adult accompany you home even if you take a taxi or bus.

Home

For 24 hours after your procedure you **cannot**:

- drive a car, bike or other vehicle (cannot be a passenger on a motorcycle)
- operate machinery or power tools such as a lawn mower
- make important/major decisions or sign a legal document (such as change a will, buy a home, get married)
- drink alcohol (alcohol might increase or prolong sedative effects)

You may have a light dinner such as soup and/or a sandwich 4 hours after the procedure.

Where to go for your procedure

Hamilton General Hospital
Endoscopy Department
Main Floor, Level 2
237 Barton Street East
Hamilton, Ontario

Juravinski Hospital
Endoscopy Department
Section B, 3rd Floor
711 Concession Street
Hamilton, Ontario

Date _____.

Come to the hospital at _____.