

Epilepsy Monitoring Unit (EMU)

What you need to know

Where is the EMU?

The EMU is located at the Hamilton General Hospital on 7 South, Room 15.

How long do I need to stay in the EMU?

The length of stay is usually **5 to 14 days**. This depends on how often you are having seizures and if we need to adjust your medication. We will make sure your condition is stable before you go home.

What are the things I need to consider?

There are audio and visual recorders in the room that **run all of the time**. There are no cameras in the bathroom or shower.

You are **NOT** able to leave the EMU once you are hooked up to the EEG (electroencephalogram). This is for your safety as you may have a seizure where our staff are not able to respond. Also, all events need to be captured on video and having events off camera will increase the length of your hospital stay.

There is **always** a nurse in the room.

You will likely have 1 or 2 other roommates and they will be male or female. This is a mixed gender room. Screen dividers and curtains provide you with privacy.

Visiting

Visiting hours are flexible and visitors are encouraged.

Family or friends can bring you in coffee or meals. We ask that you and your visitors be respectful to your roommates with regard to noise.

How do I prepare for my stay in the EMU?

Please wash your hair the day before or morning of your admission.

Please bring:

- shirts that button from the front (if you have them)
- toiletries such as toothpaste, toothbrush, deodorant
- slippers with non-slip soles
- all of your medications
- snacks that do not need to be put in the fridge