

Your Heart Investigation Unit (HIU) Clinic appointment

The day of this appointment:

- Take your medications and eat/drink as you normally do.
- **Bring all of your current medications in their original containers.**
- You may bring a friend or relative with you to this visit.
- Go directly to the **Heart Investigation Unit** on _____ at _____. The Heart Investigation Unit is on the 3rd floor of the Hamilton General Hospital.
- From the main lobby of the hospital, turn left. Take the elevator to the 3rd floor.
- From the parking ramp, take the pedestrian bridge to the hospital. Turn right at the end of the bridge and follow corridor into the main lobby of the hospital. Continue down the corridor to the elevators on the left. Take the elevator to the 3rd floor.
- You may have a blood test and an electrocardiogram (ECG) done. You will not have to fast for this visit.
- You will watch a short video about cardiac catheterization and your questions will be answered.
- A nurse clinician will meet you to review your health history.
- If you take a blood thinning medication called warfarin (Coumadin), a thrombosis specialist will see you on this visit.

If you have chest pain or discomfort more often than usual before this appointment, call your specialist, family doctor or 911 right away.