

Day +1 Transfer

At your transplant meeting it was discussed if you will be eligible for a Day +1 Transfer to your local hospital.

What are the benefits of a Day + 1 Transfer?

- Will make you feel more comfortable being closer to home.
- Will be easier for your family and friends to visit.



How should you prepare for your procedure?

You will receive your chemotherapy and your stem cell reinfusion at the Juravinski Hospital.

Day 0 - The day you receive your stem cells

- You should have a light breakfast and should not have lunch to reduce possibly feeling nauseated during your reinfusion.
- You will receive intravenous fluid (IV) and will receive medications to reduce side effects of the stem cell reinfusion.
- Your frozen stem cells will be thawed at your bedside by the lab team, the cells will be drawn up in a syringe and injected into your central line catheter (a PICC line or apheresis line) by a member of the transplant team.
- You will be closely monitored during the reinfusion and for a period of time afterward.

Some possible side effects of this procedure are:

When you are getting your stem cells back you may feel:

- abdominal bloating, feeling like you may throw up or have diarrhea
- strange taste in the back of your throat (you will be given sour candies to suck on during reinfusion to help reduce this taste)
- feeling warm all over (you will be given cool cloths for your forehead to help reduce this feeling)
- strange smell, like creamed corn or stewed tomato

After you have received your stem cells, your urine may be red in colour and this may last for 24 hours. The strange smell may last for 24 to 48 hours after the reinfusion.

What to expect after your procedure?

Day +1 - The Day after Your Transplant

- The morning after your transplant you will be seen by a member of the Hematology Team and if you are medically stable you will be transferred to your local hospital.
- Patient transport will be arranged for your transfer to your local hospital.
- The charge nurse at the Juravinski Hospital will confirm with your local hospital that there is a bed available for you.
- A member of the Transplant Team at Juravinski Hospital will send information to the doctor who will be caring for you at your local hospital.



What paperwork will go with you for your doctor at your local hospital?

- ✓ A list of your current medications
- ✓ A copy of your recent bloodwork
- ✓ Copy of follow up forms for your doctor

The doctors at your local hospital will continue your care until you are ready for to go home. Be sure to let your doctors know if you have any pain, nausea, diarrhea, bleeding, or difficulty breathing.

They will have contact information for the transplant team at Juravinski Hospital if there are any questions.