

Hemorrhoid banding

After your procedure:

- You can return to your normal activities after the procedure.
- Keep your bowel movements soft by eating high fibre food, drink plenty of fluids.
- The tissue that is banded will fall off in about 24 to 48 hours after the banding. It looks like a raisin.
- Take pain medication, such as Tylenol[®] as needed. Pain medication works better if you take it before your pain becomes more intense.
- If you notice an increase in pain, swelling, fever or inability to pass your urine, call your surgeon.

Follow-up appointment:
