

# Travelling safely when your child has a hip spica cast

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## What is a Hip Spica Cast?

This is a cast that keeps your child's hips and legs in the correct position and prevents any movement during healing.

The cast covers the middle of the body and one or both legs, sometimes including the feet.

The cast is made of soft padding covered by either fiberglass or plaster.



## How can my child travel safely in a vehicle?

Please bring your child's car seat or booster seat with you for the cast appointment. The surgeon will try to have your child casted so that they will fit into their own seat.

All car seats and booster seats are different. Follow the instructions that come with your seat.

You will be responsible to arrange safe transportation home for your child.



**Please  
note!**

**If your child is unable to fit safety in their car seat,  
you may have additional costs related to getting  
your child home.**