

Getting ready for your child's transfer to Holland Bloorview Kids Rehabilitation Hospital

Parents' checklist

Your child has made progress and is ready to continue their rehabilitation at Holland Bloorview. This is an important, exciting (and sometimes stressful!) time for you and your family. It is a key step in your journey home. We would like you to be as prepared as possible. A Child Life Specialist can help prepare your child and family using visuals and other learning materials, and answer their questions.

Your child will be transferred to Holland Bloorview	
Ward:	
Date:	
Time of Transfer:	

Get ready! The day before transfer

- Pack and sort your child's belongings.
- Take as many of your belongings home as you can.
- Pack a bag to bring to Holland Bloorview with the items your child will need.
- Talk with your child about the transfer, help them know what to expect and give them your love and support.
- Ask your team any questions you have about the transfer.

Get set! The day of transfer

- Plan to arrive at McMaster Children's Hospital 1 hour before the transfer time.
- Help your child to get washed and dressed in comfortable clothes.
- One parent can go with your child in the patient transport vehicle.
- A Registered Nurse may or may not go with your child, depending on your child's needs.

Go! Transfer to Holland Bloorview

We have arranged transportation for your child.

The team will put all the medical and rehab equipment your child needs into a bag to take with you. This may include:

- Medications
- Dressing supplies
- Specialty formula
- Ostomy supplies
- Oxygen
- Suctioning supplies
- Supplies for your child's NG tube, G-tube, GJ tube or NJ tube
- Catheter supplies
- Rehab equipment, such as foot drop splints
- Other _____

Please leave all hospital and rental equipment at McMaster Children's Hospital. This includes wheelchairs, walkers, commode chairs, and laptops and gaming systems provided by Child Life Services.

Any essential equipment (such as a wheelchair) that your child needs at Holland Bloorview will be there when you arrive.

Holland Bloorview Kids Rehabilitation Hospital	
Address	150 Kilgour Road, Toronto, Ontario M4G 1R8
Phone:	416-425-6220 or Toll-free 1-800-363-2440
Team:	



**We wish your child continued
success in their rehabilitation!**

From your health care team at
McMaster Children's Hospital